



## The Biological Functions and Categories of Lipids in a Group of Naturally Occurring Molecules

Emily Dickinson\*

Department of Biochemistry, Harvard University, United States

### INTRODUCTION

Lipids include, for instance, fats, waxes, sterols, fat-soluble vitamins, monoglycerides, diglycerides, phospholipids, and other naturally occurring compounds. Lipids function as structural elements of cell membranes, energy storage, and signal transmission systems. Lipids are used in nanotechnology, the food, and cosmetics sectors. Sphingolipids, saccharolipids, polyketides (produced by condensation of ketoacyl subunits), glycerolipids, glycerophospholipids, and fatty acyls are the eight categories that can be used to categorise lipids using this method. Also included are sterol lipids and prenol lipids, which are created when isoprene subunits come together.

### DESCRIPTION

Triglycerides are a subgroup of lipids, which includes fats, despite the fact that the terms "lipid" and "fats" are commonly used interchangeably. In addition to fatty acids and their byproducts, lipids also include compounds like cholesterol and other sterol-containing metabolites like tri-, di-, and monoglycerides and phospholipids. Although animals use a variety of biochemical routes for both lipid synthesis and degradation, some important lipids cannot be synthesised in this way and must be taken from food. A process known as fatty acid synthesis involves chain-extending an acetyl-CoA primer with malonyl-CoA or methylmalonyl-CoA groups to produce fatty acyls, a varied set of compounds. Fatty acids, as well as their conjugates and derivatives, are collectively referred to as "fatty acyls." The molecules are made up of a hydrocarbon chain with a carboxylic acid group at the end. This arrangement gives the molecule a polar, water-loving end and a nonpolar, water-repelling end. The fatty acid structure, one of the most basic forms of biological lipids, is widely used as a building block for more

structurally complicated lipids. The carbon chain, which normally includes between four and 24 carbons, can be joined to functional groups that contain oxygen, halogens, nitrogen, and sulphur. Saturated or unsaturated are both possible. If a fatty acid possesses a double bond, there is a chance of either a cis or trans geometric isomerism, which significantly affects the molecule's conformation. Cis-double bonds induce the fatty acid chain to flex when there are more double bonds present in the chain. . The most prevalent fatty acyl chain in plant thylakoid membranes, 18-carbon linolenic acid, has three double bonds that give it prominent strong peaks in high-resolution 13-C NMR spectra of chloroplasts and cause these membranes to be very fluid even at low temperatures. This has a significant impact on the structure and operation of cell membranes. The bulk of naturally existing fatty acids are cis, even if certain naturally occurring and partially hydrogenated fats and oils contain the Trans form. Fatty amides include N-acyl ethanolamines, which are similar to the cannabinoid neurotransmitter anandamide. Glycerol's three hydroxyl groups are esterified in these compounds, usually by different fatty acids. These lipids make up the majority of animal tissue storage fat because they store energy. The first steps in metabolizing fat are the hydrolysis of triglyceride ester bonds and the release of glycerol and fatty acids from adipose tissue.

### CONCLUSION

Glycosylglycerols, which are characterized by the presence of one or more sugar residues linked to glycerol via a glycosidic linkage, represent additional subclasses of glycerolipids. Glycerol's three hydroxyl groups are esterified in these compounds, commonly by various oily acids. These lipids create the adulthood of animal fabric storage fat because they store strength.

<b>Received:</b>	30-January-2023	<b>Manuscript No:</b>	IPBMBJ-23-16010
<b>Editor assigned:</b>	01-February-2023	<b>PreQC No:</b>	IPBMBJ-23-16010 (PQ)
<b>Reviewed:</b>	15-February-2023	<b>QC No:</b>	IPBMBJ-23-16010
<b>Revised:</b>	20-February-2023	<b>Manuscript No:</b>	IPBMBJ-23-16010 (R)
<b>Published:</b>	27-February-2023	<b>DOI:</b>	10.36648/2471-8084-9.01.09

**Corresponding author** Emily Dickinson, Department of Biochemistry, Harvard University, United States, E-mail: Dickinson@gmail.com

**Citation** Dickinson E (2023) The Biological Functions and Categories of Lipids in a Group of Naturally-Occurring Molecules. *Biochem Mol Biol J*. 9:09.

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