

Short Note on Cosmetic Dermatology

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Description

Cosmetic dermatology is a specialty of dermatology that helps to improve the skin appearance of the face and neck for aesthetic purposes rather than treating a medical condition. It has a significant effect on a person's mental health and self-esteem. Processes such as Botox, dermal fillers, skin peels, and laser hair removal are samples of cosmetic dermatological processes. It is an amalgamation of both medical and surgical aspects. The dermatological treatment will improve the skin texture by treating such as hyperpigmentation, acne, scars, and wrinkles. Liposuction is for surgeons only.

Following are a pair of common processes done by cosmetic dermatology:

Pigmentation

Skin pigmentation is color of our skin due to a certain amount of melanin, a natural pigment that gives our skin, hair, and eyes their unique color. Our skin tone will change darker or lighter depending upon the production of melanin in the body. Various factors could affect this, from genes we are born with to skin damage from acne or sun exposure. Learn more about what could trigger shifts in skin pigmentation, the role of genetics in skin color, different kinds of discoloration, and how to treat them. Overuse of Hydroquinone creams prescribed by doctors or retinol combined with anti-inflammatory lotions has traditionally been used to correct pigmentation. But the issue with these is side effects which range from redness to more inflammation, dryness, skin peeling, and sensitivity. Hydroquinone is being phased out and is prohibited in the European Union and other nations. The use of lasers and chemical peels can often damage the skin, thus often causing

more pigmentation. Some people have 'pigmentation-prone' skin. Such treatment is Melblok with their product, Advanced Home-Kit, a combination of a Day Cream and a Night Cream. As stated by the brand, Melblok Home-Kit reduces pigmentation in the skin by assisting overactive pigment cells, known as Melanocytes, in returning to their normal state, resulting in long-term Pigmentation reduction. Natural requirements, brands like Melblok, which infuse up-to-date science and natural materials, can become very promising safe replacements for those looking to lessen Pigmentation without side effects.

Cellulite

Mean of 80 percent to 90 percent of women probably experience cellulite. To date, the most active method of dropping or eradicating excess cellulite from an area is over tumescent liposuction. Liposuction by Tumescent Awake technique, totally below local anesthesia, is the safest and more usually performed procedure in the best cosmetic surgery centers in Delhi and overseas. In India, Vital Clinic has pioneered this technique of liposuction.

Hair Removal

Laser hair removal is regular. Though quite often, patients have observed darkening of skin or growth of hyperpigmentation in treated areas.

Challenge

The patients facing certain difficulties such as acute acne, repeated tanning, or dark pigmentation are impacted by social shame.