



Nursing is a Profession within the Health Care Sector Focused on the Care of Individuals, Families, and Communities so they Recover Optimal Health and Quality of life

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DESCRIPTION

The goal of the nursing profession, which is part of the health care sector, is to care for people so that they can attain, maintain, or regain their optimal health and quality of life. Nurses may differ from other healthcare professionals in terms of patient care philosophy, training, and practise scope. There are many different specialisations that nurses work in, and they have differing degrees of prescription authority. Nurses predominate in the majority of healthcare settings, yet there is evidence of a global nursing shortage. The fact that many nurses give care without a doctor's order has influenced how the public views nurses as healthcare providers. Nurse practitioners have graduate degrees in advanced practise nursing. Nevertheless, the majority of states allow them to work autonomously in a range of contexts. The diversification of nurse education since the postwar era toward advanced and specialty qualifications has led to changes in many of the old laws and provider responsibilities. Nurses develop a care plan with the help of doctors, therapists, the patient, the patient's family, and other team members that focuses on treating the condition to enhance quality of life. Clinical nurse specialists and nurse practitioners in the United Kingdom and the United States diagnose health concerns and prescribe the right medicines and other treatments in accordance with particular state rules. Nurses may coordinate the patient care given by other healthcare professionals on a multidisciplinary team, including therapists, doctors, and dietitians. In their capacity as healthcare providers, nurses might collaborate with doctors or work independently. Besides giving treatment and assistance, nurses also educate the public and promote health and wellness. Whether ancient medical care for the sick or injured was referred to as nursing care is a question that nursing historians struggle to answer. For instance, male "attendants," who could

have been the earliest nurses, are described in The Hippocratic Collection as giving patients skilled care and observation in the 5th century BC. The nurse's job as "the different sections or members of the body as indicated previously, including the skin, cannot be adequately described by one who is not well acquainted in anatomy." As a result, anyone who wants to gain a thorough understanding of anatomy should prepare a dead body meticulously, dissect it, and inspect each section. Before the advent of modern nursing, nuns and monks frequently provided care that was akin to nursing.

CONCLUSION

The Christian, Islamic, and Buddhist traditions are just a few examples. Phoebe, who is named in Romans 16 as "the first visiting nurse," is referred to in a number of texts. These traditions have an impact on the modern nursing ethos. The religious foundations of modern nursing are still visible in many countries. One instance in the United Kingdom is the historical use of the term "sister" to designate a senior nurse. Following the closure of monasteries and convents by Protestant reformers during the 16th century Reformation, a small number of municipal hospices persisted in operation in northern Europe. The nuns who had been employed as nurses received pensions, or they were advised to get married and stay at home.

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CONFLICT OF INTEREST

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