



## Detailed Note on Drug Addiction

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### DESCRIPTION

Drug addiction, also known as substance use disease, is a disease that affects the brain as well as behaviour of a person, lacking the ability to control the use of a particular drug or medication. Substances like alcohol, marijuana, and nicotine are also classified as drugs. Once you are addicted to the drug, you could continue to use it despite the harm it causes. Drug addiction can begin with occasional use of a psychoactive substance in social environments, and for some people, the drug use progresses to more common use. Others, particularly those addicted to opioids, develop a drug dependency after being exposed to prescription meds or having received medications from a friend or relative whose been prescribed the medication. The risk of addiction and the rate at which you become highly addictive differs depending on the drug. Some drugs, such as opioid pain relievers, have a higher addictive potential and cause it more quickly than others. As time goes on, you may require higher doses of drugs to get high. Soon, you may require the drug simply to feel good. As your drug use progresses, users could find it increasingly difficult to abstain from the drug. Attempts to stop using drugs may result in strenuous cravings and make you physically ill (withdrawal symptoms). To overcome their drug dependency and remain drug-free, you may require assistance from ones doctor, family, friends, support groups, or an organized treatment plan. Among the symptoms or behavior's associated with drug addictive behavior are: Feeling compelled to use the drug on a regular basis — daily or even several times per day To have strong cravings for the drug that overpower all other thoughts, Over time, too much of the drug is required to achieve the desired thing., Taking more of the drug for a longer period of time than intended ,Making certain that you keep a supply of the drug on hand,

Spending money on the drug despite the fact that you cannot afford it, Failure to meet obligations and work responsibilities, as well as a decrease in social or recreational activities, as a result of heavy use. Continued use of the drug despite knowing it is causing troubles or causing you harm or injury Doing things to obtain the drug that you would not normally do, such as stealing, When under the influence of a drug, you should avoid driving or engaging in other risky activities. Investing a considerable amount of time in obtaining the drug, using the drug, or recovering from the action of the medication that failing in tried to quit using the drug. When the individual's try to stop taking drugs, you may experience withdrawal symptoms. It can be difficult to differentiate between normal adolescent moodiness or angst and signs of drug use. Possible symptoms that your adolescent or another family member is using drugs include: Problems at school or work — frequent absences from school or work, a sudden lack of interest in school activities or work, or a drop in grades or job performance, Physical health problems, such as fatigue and motivation, losing weight or gain, or red eyes, Neglected appearance entails a lack of interest in clothing, grooming, or appearance. Exaggerated efforts to keep family members out of his or her room, or being secretive regarding where he or she goes with friends; or drastic changes in behaviour and relationships with family and friends.

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### CONFLICT OF INTEREST

The author declares there is no conflict of interest in publishing this article.

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