



## Receiving a Palliative Care Attitude is a Neglected Require in Parkinson's Malady

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### DESCRIPTION

Palliative care is a holistic approach to improving the quality of life for individuals facing serious illnesses. When it comes to advanced dementia, the need for compassionate and comprehensive care becomes even more crucial. Advanced dementia poses unique challenges as it gradually robs individuals of their cognitive and physical abilities, making it increasingly difficult to communicate and engage with their environment. In this article, we will explore the importance of palliative care in the context of advanced dementia, discussing its goals, strategies, and benefits in providing comfort, dignity, and support for both the individuals with dementia and their families. Advanced dementia refers to the final stage of the disease when individuals experience a significant decline in cognitive function and exhibit severe physical and behavioural symptoms. This stage is characterized by a loss of language skills, impaired mobility, and inability to perform basic self-care tasks, and increased vulnerability to infections and other medical complications. Due to the progressive nature of the disease, individuals with advanced dementia require specialized care tailored to their unique needs. The primary goal of palliative care for individuals with advanced dementia is to enhance their quality of life by focusing on symptom management, emotional support, and maintaining dignity. Although curative treatments are no longer effective at this stage, palliative care strives to ensure that the person is as comfortable and pain-free as possible. Palliative care teams work closely with healthcare professionals to address physical symptoms such as pain, discomfort, sleep disturbances, and respiratory issues. Managing these symptoms effectively can significantly improve the individual's well-being and overall quality of life. Advanced dementia can be distressing not only for the individuals themselves but also for their families and caregivers. Palliative care provides emotional sup-

port and counselling, helping individuals and their loved ones navigate the complex emotions that arise during this challenging time. Individuals with advanced dementia often lose the ability to express their needs and desires verbally. Palliative care professionals employ alternative forms of communication, such as touch, music, art, and sensory stimulation, to facilitate meaningful interactions and provide comfort. Palliative care recognizes the impact of advanced dementia on families and caregivers. It offers guidance, education, and respite services to alleviate the emotional and physical burden of caregiving, allowing families to make informed decisions and providing them with a support system. To effectively implement palliative care for individuals with advanced dementia, a comprehensive and multidisciplinary approach is necessary. Palliative care teams collaborate with patients, families, and caregivers to develop personalized care plans that consider the unique needs, values, and preferences of each individual. These plans outline goals, treatment options, and end-of-life wishes, ensuring that care is tailored to the specific needs of the person with advanced dementia. Palliative care involves frequent assessments to evaluate symptoms, monitor disease progression, and adjust care plans accordingly. Palliative care plays a vital role in supporting individuals with advanced dementia and their families through a compassionate and holistic approach. By focusing on symptom management, emotional support, and maintaining dignity, palliative care enhances the quality of life for those facing the challenges of advanced dementia.

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### CONFLICT OF INTEREST

The authors declare no conflict of interest.

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