



Visible Cold Sores are Contagious, but can Spread without being Seen

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INTRODUCTION

Herpes labialis, also called cold sores is a common viral infection. They are small fluid-filled sacs that sit on and around your lips. These blisters are often grouped into patches. After the blister bursts, a scab forms and can last for several days. Herpes labialis usually heals without scarring in 2-3 weeks. Herpes labialis is caused by close contact with: A kiss that is contagious from person to person. It is usually caused by Herpes simplex virus type 1 (HSV-1) and rarely by Herpes simplex virus type 2 (HSV-2). Both viruses infect the mouth and genitals and can be transmitted through oral sex. Herpes labialis is contagious even if you can't see it. HSV-1 usually causes cold sores. However, both types can be spread to the face and genitals through close contact, such as kissing or oral sex. Common utensils, razors, and towels can also spread her HSV-1.

DESCRIPTION

Cold sores are most contagious when the blisters are oozing because the virus is easily spread by contact with infected bodily fluids. But you can spread the virus even without blisters. Many people infected with the virus that causes Herpes labialis do not develop any signs or symptoms. A doctor may be able to determine if you have cold sores by looking at the affected area. He or she can also swab the cold sore and test the fluid for the Herpes simplex virus. He or she can also swab the cold sore to test for the Herpes simplex virus fluid. To prevent spreading cold sores to others, wash your hands frequently and avoid skin-to-skin contact with others. Please do not share with anyone. If you have cold sores, also known as cold sores or fever blisters, you want to be gentle on your skin. Herpes labialis is usually mild, but rarely causes complications. People who have a weakened immune system due to disease or treatment, such as chemotherapy, are particularly at risk of complications. Cold sores are usually the result of the Herpes simplex virus and often appear as small fluid-filled

blisters or crusts that are painful. The last thing you want to do is make it worse or spread it. Cold sore patches containing hydrocolloid gel are also available. This is an effective treatment for skin sores. The patches are applied as the cold sore heals. Cold sores, cold sores, and cold sores are all terms used to describe Herpes labialis. Herpes simplex is the virus that causes it. Herpes simplex virus 1 is the most common strain of virus that causes cold sores. As part of treatment, an antiviral ointment such as acyclovir or penciclovir is applied to the wound [1-4].

CONCLUSION

These may work for some people, but for many they don't. Oral antiviral drugs such as famciclovir, acyclovir, and Val acyclovir can help reduce the duration and severity of pain. Anti-inflammatory drugs may potentially be beneficial. Herpes labialis can also be treated with oral antiviral drugs such as acyclovir (Overtax), Val acyclovir (Valtrex), and famciclovir (Famvir). These drugs are available only by prescription. If you have complications of Herpes labialis or if you have frequent infections, your doctor may tell you to take antiviral drugs regularly.

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CONFLICT OF INTEREST

Author declares that there is no conflict of interest.

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