

## PERSPECTIVE

# Impact of Cigarette Smoking Causes Pancreatic Cancer Development

Jim T. Hollande\*

Department of Pharmacy, University of Chicago, Chicago, Illinois, United States

### ABSTRACT

Cigarette/tobacco smoking may increase your chance of gallstone disease. If this is the case, the reported connections between smoking and pancreatitis may be explained by the fact that smokers have a higher chance of gallstones, which puts them at a higher risk of developing pancreatitis. Smoking causes the exocrine pancreas to undergo pathological and functional alterations, according to a number of experimental studies. Through the signal transduction pathways in pancreatic acinar cells, nicotine causes damage those results in increased intracellular calcium release and/or decreased pancreatic blood flow.

### INTRODUCTION

The use of tobacco has not consistently been acknowledged as a modifiable risk factor in diabetes prevention or screening programs, despite mounting evidence revealing strong epidemiologic and mechanistic connections between tobacco use, hyperglycemia, and the onset of type 2 diabetes. In this review, we highlight population-based research that shows cigarette smoking increases the risk of type 2 diabetes and review clinical and preclinical research that sheds light on the mechanisms by which nicotine exposure and cigarette smoking affect body composition, insulin sensitivity, and pancreatic cell function. Strategies for quitting smoking as a way to lower diabetes risk are discussed, and important topics for future research are identified [1].

The epidemiological data on the link between tobacco use and cancer that was examined by a global team of scientists that IARC have gathered. Studies that have been published on "Tobacco smoking" offer enough proof to demonstrate a link between smoking cigarettes and cancers of the nose, paranasal sinuses, nasopharynx, stomach, liver, kidney, and uterine cervix, as well as myeloid leukaemia and oesophageal adenocarcinoma. These locations increase the number of malignancies, including those of the lung, oral cavity, pharynx, larynx, oesophagus,

pancreas, urinary bladder, and renal pelvis, that are causally linked to smoking cigarettes. Smoking cigars, pipes, and bidis are additional tobacco smoking methods that raise the chance of developing cancer, especially lung and upper aerodigestive tract cancer. A continuous and statistically significant correlation between exposure to environmental tobacco smoke and the risk of developing lung cancer was found in a meta-analysis of involuntary smoking among never smokers. In many Western nations, smoking is currently to blame for one-third of all cancer fatalities. According to estimates, tobacco will kill almost every smoker [2].

The frequency and distribution of *K-ras* mutations in human adenocarcinomas of the pancreas, colorectum, and lung are surprisingly distinct. They appear to have paradoxical associations with smoking. In order to determine the connection between tobacco use and the occurrence of *K-ras* mutations in human adenocarcinomas of the pancreas, colorectum, and lung, we reviewed every type of clinical and epidemiological study that was available [3].

According to this, neither when colorectal adenomas and adenocarcinomas were examined separately nor together, was there a correlation found between smoking and *K-ras* mutations in colorectal adenocarcinomas. Tumors from smokers were more likely to have *K-ras* mutations than tumours from non-smokers in cases of lung adenocarcinoma that have the mutation. The pattern of *K-ras* mutations in lung adenocarcinomas is distinct from that in pancreatic and colorectal adenocarcinomas. The findings are consistent with the concept that factors other than *K-ras* mutations play a role in how smoking affects the risk of pancreatic cancer and probably colorectal cancer. Smoking may contribute to the occurrence of *K-ras* mutations in lung cancer. If there were any tissue

**Received** 01-Aug-2022 Manuscript No IPP-22-14678 **Editor Assigned** 03-Aug-2022 PreQC No IPP-22-14678(PQ) **Reviewed** 10-Aug-2022 QC No IPP-22-14678 **Revised** 25-Aug-2022 Manuscript No IPP-22-14678(R) **Published** 29-Aug-2022 DOI 10.35841/1590-8577-23.8.761

**Keywords** Pancreas; Pancreatitis; Severe acute pancreatitis; Cigarette smoking

**Correspondence** Jim T. Hollande  
Department of Pharmacy  
University of Chicago  
Chicago, Illinois  
United States

**E-mail** hollande.tim12376@gmail.com

specificity to the effects of tobacco products on the induction, acquisition, and persistence of K-ras mutations [3].

The most frequently mentioned risk factor for pancreas cancer is cigarette smoking, but many research on the disease show a weak dose-response association. Since pancreatic cancer has a poor prognosis, many case-control studies have relied heavily on proxy respondent interviews, which are known to yield less accurate information about smoking behaviors than original participants. The study's objectives were to determine if smoking cigarettes increases the chance of developing pancreatic cancer using solely information from direct interviews, as well as to calculate the risk reduction benefits of stopping smoking and converting from no filtered to filtered cigarettes. Additionally, we wanted to determine how much smoking cigarettes contributed to the increased risk of pancreatic cancer [4].

Despite the best efforts, pancreatic cancer is still incurable. Most risk factors, such as genetic predisposition, metabolic diseases, and chronic pancreatitis, are unchangeable. Cigarette smoking, on the other hand, is a preventable risk factor for pancreatic cancer. Despite epidemiological evidence of cigarette smoking's negative effects on pancreatic cancer development and its unique property of being modifiable, our understanding of cigarette smoke-induced pancreatic carcinogenesis is limited. Current data on cigarette smoke-induced

pancreatic carcinogenesis show that nicotine, the main pharmacologically active constituent of tobacco smoke, triggers multifactorial events [5].

## CONCLUSION

Despite the limitations of the dose-response data, there is a good chance that the association between smoking and the risk of pancreatic cancer is causative. Smoking quitting over the long term significantly lowers risk, however switching from nonfiltered to filtered cigarettes may not be advantageous. Smoking cigarettes doesn't seem to account for much of the elevated risk of pancreatic cancer.

## References

1. Maddatu J, Anderson-Baucum E, Evans-Molina C. Smoking and the risk of type 2 diabetes. *Transl Res* 2017; 184:101-107.
2. Sasco AJ, Secretan MB, Straif K. Tobacco smoking and cancer: a brief review of recent epidemiological evidence. *Lung Cancer* 2004; 45 Suppl 2:S3-S9.
3. Porta M, Crous-Bou M, Wark PA, Vineis P, Real FX, Malats N, et al. Cigarette smoking and K-ras mutations in pancreas, lung and colorectal adenocarcinomas: Etiopathogenic similarities, differences and paradoxes. *Mutat Res* 2009; 682:83-93.
4. Silverman DT, Dunn JA, Hoover RN, Schiffman M, Lillemoe KD, Schoenberg JB, et al. Cigarette smoking and pancreas cancer: a case-control study based on direct interviews. *J Natl Cancer Inst* 1994; 86(20):1510-1516.
5. Wittel UA, Momi N, Seifert G, Wiech T, Hopt UT, Batra SK. The pathobiological impact of cigarette smoke on pancreatic cancer development (review). *Int J Oncol* 2012; 41(1):5-14.