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WAYFARING TO ANTIQUITY: UNVEILING THE REALM OF ETHNO VETERINARY PRACTICES (EVP)

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During ancient times, even before the birth of medicines, there happened to be a culture where every home was the source of indigenous knowledge, remedies and medicinal plants. There were common ailments for everyone at home, including livestock. Communities with very less interaction with outside world still have a rich source of knowledge. Such ethnic communities across the world still treasure and practice their knowledge, which are potent solutions for the challenges faced by modern healthcare systems like the expense, efficacy, safety and accessibility. Many countries are on the move of prohibiting antibiotics, other drugs and milk. Throwing light on the contemporary relevance of alternative animal health care techniques, we can easily extrapolate the thought towards a "One Health Concept", where the same principle and procedure is followed in the health care of all living beings. A better understanding of the strengths and weaknesses of all the supportive healthcare

systems in practice and the pragmatic use of them can upgrade our life. An amalgamation of all the health care practices can bring a synergy in every aspect of life. Mainstreaming EVP for, by and to the field veterinarians through veterinary education and research can strengthen the local health traditions and bring scientific reasoning to pharmacodynamics of the plant bases used. Documenting prioritized health conditions that are community specific and assessment based on any one codified system of medicine along with modern pharmacological evidence are the basic steps. Clinical trials and product manufacture can follow the practices with strong evidences. The reflex to lick our cut finger before reaching out to the first aid is the proof of existence of a generation where every aspect of our routine contributed to health and wellbeing.

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