

## FIGHT AGAINST INTERRUPTIONS OF TASKS

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The care activities are generally dense, often technically delicate and dangerous. Many care professionals are frequently interrupted during an act of care. It is both dangerous and a source of waste of time, and therefore loss of productivity. It is estimated that there are approximately seven interruptions of work per hour and by caregiver in the broad sense. The care professionals who are the most interrupted in their task are nursing carers. The duration of a work interruption is often short: a few minutes maximum, but this is enough to disrupt everything. The interrupted tasks are mainly preparations of drugs, drug administrations, as well as preparations and achievements of care. The interruptions of tasks are too often trivialized. Yet they are risky and disruptive. A work interruption causes stress that disrupts brain activity. The brain strives to keep in memory what it was doing, while trying to respond best to the solicitation that interrupted it. In fact, both tasks are systematically altered. Each job interruption entails a serious and potentially serious error risk that is on average 14%, which is way too much. Task interruptions are almost always linked to a deficient organization, the care unit or the care unit, a lack of rigor and discipline and a trivialization of care activities that are often critical. To combat interruptions of tasks, strict and mandatory rules must be established. In particular, it is necessary to wear, when necessary, vests of bright color marked "do not disturb". If necessary, place a sign on the doors of rooms marked "do not disturb". It is a question of culture safety, discipline and mutual respect. The possibility of interrupting a task should not be a privilege of doctors or nurse leaders.

### Biography

Stephane Gayet is a hospital doctor at Strasbourg University Hospital (Hospitals), hospital practitioner, infectiologist and hygienist, responsible for the Regional Antenna for the fight against nosocomial infections and other infections associated with care in the Alsace region (Alsace ARLIN).

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