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## UNDERSTANDING THE HEALING FORCE

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Tissue repair is an autonomic process that starts in response to damage. To understand the process of tissue repair, we have to dig deeper and talk about the intangible force that determines the organization and execution of the process. Identifying force of healing as the physical capacity to perform this work, that physical capacity, the force of healing can be observed empirically through the repair process in the wound. Force of healing is a theoretical concept, to identify the autonomic power and the capacity of this force to drive and direct the process of tissue reconstitution. The force of healing is different in every human being. We can observe variations in terms of effectiveness in different age groups: children vs. older adults and also a decrease in healing force in individuals that use certain drugs or suffer from debilitating disease. One question revolves around whether it is the healing force or the time-altered organic interaction and the addition of exogenous substances that decreases in these instances. Taking into account the participating factors in isolation, we can see how the study of injuries prevents us from seeing the whole scope of the process. In our field, it is common to observe the therapeutic failure of approaches that exclusively target "dysfunctional" physical factors. Identifying the healing tendency and the state of healing is a diagnostic basis from which we initiate our approach for the patient. From this perspective, we understand scar tissue as a living and autonomous organism. The low rate of effectiveness of treatments and the exponential increase of chronic diseases invite us to strengthen the links with knowledge and expertise in areas such as psychology, neuroscience and biology. Wound management is science and art. The satisfactory results will come from the right balance in the application of this knowledge.

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