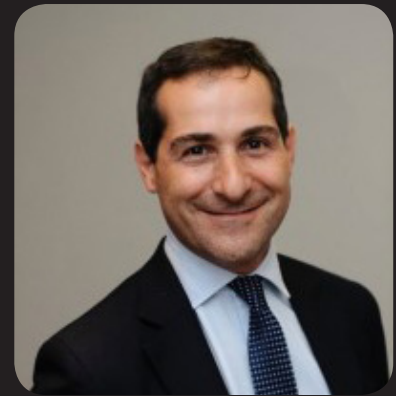


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International Conference on

Wound Care, Tissue Repair and Regenerative Medicine

February 25-26, 2019 | Prague, Czech Republic

# FACIAL FAT GRAFTING CONTOURING, 15 YEARS OF EXPERIENCE

**Background:** Reconstructive plastic surgery has clinically integrated fat grafting for breast, facial and other reconstructive and restorative surgeries, with high success. Now, the power that fatty tissue holds is beginning to be understood. In this article, we studied the technique of fat grafting in the face, explaining all the steps taken and including a number of illustrative case studies.

**Method:** This study covers over 15 years of practical experience in applying fat grafting techniques to face. The cases studies cover the use of fat grafts in reshaping and rejuvenation of the face. The fat tissue is taken from the flanks, umbilical region or knee area, after decantation, it is injected into face to treat wrinkles, depressions, improve zygomatic area during a surgery of the face to improve the results post op.

**Results:** The proposed technique has been applied in practice to 120 patients. The progress of each patient treated has been followed for a minimum of 12 months. Over this period, their contour changes have been analysed, along with the effects of the procedure(s) on the skin. There were no long-term complications. The quantities of fat vary from 5 cc to 30 cc.

**Conclusion:** The cases studies cover the use of fat grafts in reshaping and rejuvenation of the face. Autologous fat grafting is a good method because it presented a long-lasting result after a one year follow-up. Evident rejuvenation of the skin was seen, because new subcutaneous tissue rich in fat cells was created. A large presence of fat cells produces beneficial effects on the deep and superficial tissue (skin). Absences of allergic reactions as the patient's own fat cells are used. Less expensive option as there is no payment for the biologic filler (fat tissue).

## Biography

Fabio Fantozzi has received his Doctor of Medicine Degree from Sapienza University of Rome, one of the oldest and most esteemed universities in Europe. He also has completed his Residency in General Surgery at this Distinguished University. He has completed a Plastic Surgery Residency with Professor Ivo Pitanguy at Carlos Chagas University in Rio de Janeiro, Brazil-the oldest plastic surgery college in the world. This unique training gave him hands-on experience that many other schools do not provide and has led to the opportunity to work with some of the leading surgeons in the field of Cosmetic and Reconstructive Surgery.

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