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HOW TO CONVERT FACIAL NEVUS FROM OPERATIVE TO NON-OPERATIVE METHODS

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Aim: Incidence of facial nevus in India is one in 1000 birth and in United Kingdom is increase day by day because of mixed population. This is very important for cosmetologist to treat such type of cases in non-operative methods or laser therapy.

Methods: Instruments or lasers which are using in these studies are as 1.) Nd: YAG (Q-Switched) Surgical laser 1064nm and combined with KTP 532nm, 2.) Er: YAG laser 2940 nm for nevus 3.) Pulsed dye laser 595nm for hypertrophy 4.) Light sheer diode laser 800 nm for hair removal and in cases those were not recovered by laser or recurrence cases were treated by conventional methods of reconstructive surgery. Rarely needs IPL and long pulsed Nd: YAG.

Result: More than 90% cases are achieved good aesthetic and cosmetic recovery by laser and 10% cases had recurrence which was recovered by reconstructive surgical procedures and hypertrophy which was recovered by steroid injection and PDL laser.

Conclusion: According to my previous experience of more than 12 years in regarding field, for any type of nevus, is recovered by laser therapy only. But some cases had recurrence of lesion and hypertrophy which were recovered by any other methods





Hairy nevus of face or CMN of face- Treated by laser

Biography

Anil Rajput has completed his MCh (Master of chirurgiae) in plastic surgery from Gujarat, India. He is presently working as Chief in Plastic Surgery department in Teerthanker Mahaveer University, India which is top ranked private university in India. He has honoured by many awards in country in related field and operated more than 15000 major cosmetic and plastic surgeries in India and surrounding countries.

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