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Examining mental, familial and environmental problems of dependent women: A qualitative study

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The aim of this study is to determine the factors related to personal and environmental disability during alcohol / substance abuse treatment, with a focus on environmental, family and psychological factors underlying alcohol and substance use in women. The study was designed as a focus group study. Six women undergoing treatment for alcohol or substance use disorders at Erenköy Mental Health and Neurological Diseases Training and Research Hospital participated in the study. When the causes of starting to use and continued substance use were examined; family and close environment, traumatic experiences and comorbid mental disorders. The factors that delayed or prevented treatment were insufficient capacity for women in treatment centers, social stigma, financial difficulties, negative experience related to previous treatment, lack of information about treatment. When the motivation to apply for treatment was evaluated, the main reasons were found to be the development of physical withdrawal symptoms, deterioration in family relations and risky behaviors. These results were in line with our expectations.

Biography

Education; Istanbul University School of Medicine, Istanbul Doctor of Medicine, 2001-2007 Erenköy Mental Health and Neurological Diseases Training and Research Hospital, Specialization in Psychiatry, 2009-2014. Professional Experience: Erenköy Mental Health and Neurology Training and Research Hospital Psychiatry Assistant, 2009-2014, Beykoz State Hospital Psychiatrist, 2015-2016, Director of AMATEM, (Addiction clinic at the hospital), 2016-present Erenköy Mental Health and Neurology Training and Research Hospital.

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