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## **CARDIOVASCULAR DISEASE AND ITS PREVENTION**

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This is a condition which affects our heart, they are of many types such as heart attack heart failure CAD aorta disease and many more there are many other ways through which we can prevent this so my research work is on that how we can manage these fatal disease at their early stages so we can prevent the death of patient or some ways to manage this disease and I think these ways are very helpful to people and some technique which person can do at their level it they get heart attack and some medicine which has less side effect and more response.

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