

PERCEPTION OF FAMILY PLANNING USE AMONG MARRIED MEN AND WOMEN IN ANOMABU COMMUNITY

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Despite the launching of a family planning programme in Ghana about 5 decades ago, the country's family planning prevalence rate remains relatively low and its total fertility rate is still considerably high compared with other African countries. One of the factors that may contribute to the low family planning prevalence rate and thus the slow fertility decline in Ghana is the perception of family planning use among married men and women in Ghana. This study sought to examine the perception of family planning use among married men and women at Anomabu community in the Mfantseman Municipality of the Central Region of Ghana. Data were collected among married men and women who were in their reproductive ages (15-49 years). Questionnaires were administered to 200 randomly selected respondents. The data collected were analysed with Statistical Product and Service Solution (SPSS) software version 21 and presented using graphs and tables. The results revealed that 82.5% of the respondents had knowledge about family planning with media (radio, TV and internet) being the major source of information about family planning. Fifty-two percent of the respondents had ever used at least a type of family planning with 59.5% ever used modern type of family planning. However, 81% of the respondents were currently using at least a type of family planning of which 87.5% were also using modern family planning method. In conclusion, the findings indicate that respondents had high knowledge about family planning, especially the modern family planning method.

Biography

Armah-Ansah Ebenezer kwesi holds a Master of Philosophy Degree in Population and Health and its related issues who has experience in both qualitative and quantitative researches. His research interests are family planning, epilepsy, public health and international health.

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