

Women, trauma and alcohol dependency: Connections and disconnections in alcohol treatment for women

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Statement of the Problem: Women who have experienced intimate partner violence (IPV) are at greater risk for physical and mental health problems including posttraumatic stress disorder (PTSD) and alcohol dependency. On their own IPV, PTSD and alcohol dependency result in significant personal, social and economic cost and the impact of all three may compound these costs. Researchers have reported that women with these experiences are more difficult to treat; many do not access treatment and those who do, frequently do not stay because of difficulty maintaining helping relationships. However, these women's perspective has not been previously studied. The purpose of this study is to describe the experience of seeking help for alcohol dependency by women with PTSD and a history of IPV in the context in which it occurs. **Methodology & Theoretical Orientation:** An inter subjective ethnographic study using hermeneutic dialogue was utilized during participant observation, in-depth interviews and focus groups. An ecological framework was utilized to focus on the interaction between the counselors and the staff to understand this relationships and the context in which it occurs. **Findings:** The women in this study were very active help seekers.

Recent Publications

1. Harper C (2009) The neuropathology of alcohol-related brain damage. *Alcohol* 44:136-140.
2. Heilig M, Egli M (2006) Pharmacological treatment of alcohol dependence: Target symptoms and target mechanisms. *Pharmacology and therapeutics* 111:855-876.
3. Li X, Schwacha MG, Chaudry IH, Choudhry MA (2008) Acute alcohol intoxication potentiates neutrophil-mediated intestinal damage after burn injury. *Shock* 29:377.
4. Room R, Babor T, Rehm J (2005) Alcohol and public health. *Lancet* 365: 519-530.
5. Sullivan EV, Zahr NM (2008) Neuroinflammation as a neurotoxic mechanism in alcoholism: Commentary on "Increased MCP-1 and microglia in various regions of human alcoholic brain". *Experimental neurology* 213:10-17.

Biography

Deanna Mulvihill has her expertise in evaluation and passion in improving the health and wellbeing. Her open and contextual evaluation model based on responsive constructivists creates new pathways for improving healthcare. She has built this model after years of experience in research, evaluation, teaching and administration both in hospital and education institutions.

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