

## Ways to improve cancer approach in Central and Eastern Europe

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### Abstract

**Statement of the Problem:** When you look at the latest cancer statistics in Europe you see that the risk of dying before the age of 75 is noticeably higher in eastern-central Europe in comparison with western Europe. Some of the components that influence this statistic are socio-geo-economical or impossible to change but others could be easily improved.

The approach of my perspective is to try to modify the most affordable elements that could improve the lives of the masses of people from a medical oncology resident doctor living in my area, point of view.

There are several small key factors that could be changed and lead to major beneficial impact for a lot of people in need:

Easier Access to molecular testing. More affordable access to molecular testing for the patients that are suitable and could not afford it. That is because the national program covers the cost of some of the treatments but not the cost of testing in most of the countries in the eastern Europe.

A curative national oncology data base to realise a better screening program for the descendants of the deceased patients.

Those are just 2 of the most important targets that are relatively easy to accomplish in the reachable future.

**Conclusion & Significance:** a more widely screening program and a suitable approach to modern molecular testing and furthermore a more extensive access to modern molecular therapies in the mentioned areas would increase the quality of the patients' life and implied their family lives and wellbeing.



### Biography:

I'm a Medical Oncology Resident working and learning to better understand my field of expertise. I enjoy generating new ideas and come up with solutions to broadly relevant problems.

**Background:**

“Vasile Goldis” Western University of Arad Medical School- General Medicine -promotion 2018, Biochemistry high school background.

General Medicine licence subject area: Molecular therapies in colorectal cancer.

**Currently:**

Second year residency in Medical Oncology at Arad County Emergency Clinical Hospital.

Internal medicine observership started as a student in 2012 and continued until now at the Laser System Medical Center - department of internal medicine.

Student/Resident volunteer/ observership at Laser System Palliative Elderly Center from 2012 until present.

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