

## *Virtual Visit of Families (VVF) at the Hospital in the Pandemic of COVID-19*

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### *Abstract*

Faced with the Pandemic of COVID19, the Public Hospital in the Rio de Janeiro State countryside, as a reference of hospitalization for patients with moderate to severe symptoms, became a restricted access area should have the lowest possible flow of people, on their premises, due to the high rate of contagion of the disease which can evolve lethally in some individuals. In this scenario, the temporary suspension of face-to-face visits has undesirable effects, both in hospitalized patients and their family members. On the one hand, patients experience feelings of isolation, distance and often abandonment, which can trigger depressive conditions reactive, among other harmful psychic manifestations and bring consequences even for the immune system. The family members encounter personal difficulties because they didn't have contact with their loved ones at this delicate time. The media impact ends up exacerbating feelings of fear of loss, fantasies of worsening of clinical picture and omission of information by the teams. The Psychology's team of the Hospital has been working in this interface with the interdisciplinary, welcoming and actively participating in

medical returns to only one family member at a time and evaluates as necessary actions that will minimize such psychological problems caused by the situation on screen. In this sense, this project aims to re-establish this bond broken by the face-to-face family visit through video calls, currently feasible, given the advances approaches in the field of information technology. So, these news technologies are articulated by others care's technologies live-in-act: the singular therapeutic project.

### *Biography:*

Camila Buttignol is a Hospital and Clinical Psychologist, Master degree in Mental Health and Psychosocial Attention. She is Specialist in Clinical Psychoanalytic. Actually working with Grief, Trauma and Palliative Care.

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