

Triggering Cascade, Trauma Imprinting, and Total Reactance



Sam Vaknin

Southern Federal University, Russia

Abstract

"Triggering cascade" is when a seemingly minor trigger results in vastly disproportional trauma.

Total reactance characterizes Psychopaths, Borderlines, trauma victims (PTSD and CPTSD), and people with mood disorders and impulse control issues. They escalate every conflict, however minor or imaginary, to the level of nuclear, apocalyptic, all-annihilating warfare and make disproportionate use of every weapon in their arsenal simultaneously.

Trauma imprints everything and everyone involved or present in the stressful event, however tangentially. Places, people, smells, sounds, circumstances, objects, dates, and categories of the above, all get "stamped" with the traumatic experience.

Keywords

Trauma, triggering, emotions, victims, PTSD, CPTSD, post-traumatic, stress, disorder, imprinting, reactance, psychopath, narcissist, personality disorder



Biography:

Sam Vaknin is the author of "Malignant Self-love: Narcissism Revisited" and other books about personality disorders. His work is cited in hundreds of books and dozens of academic papers: He is Visiting Professor of Psychology, Southern Federal University, Rostov-on-Don, Russia and Professor of Finance and Psychology in CIAPS (Centre for International Advanced and Professional Studies).

He spent the past 6 years developing a treatment modality for Narcissistic Personality Disorder (NPD). Over the years, with

volunteers, it was found to be effective with clients suffering from a major depressive episode as well.

Speaker Publications:

1. Stormberg, D., Roningstam, E., Gunderson, J., & Tohen, M. (1998) Pathological Narcissism in Bipolar Disorder Patients. *Journal of Personality Disorders*, 12, 179-185
2. Roningstam, E. (1996), Pathological Narcissism and Narcissistic Personality Disorder in Axis I Disorders. *Harvard Review of Psychiatry*, 3, 326-340
3. Alford, C. Fred - Narcissism: Socrates, the Frankfurt School and Psychoanalytic Theory - New Haven and London, Yale University Press - 1988 ISBN 0300040644
4. Fairbairn, W. R. D. - An Object Relations Theory of the Personality - New York, Basic Books, 1954 ISBN 0465051634
5. Freud S. - Three Essays on the Theory of Sexuality (1905) - Standard Edition of the Complete Psychological Works of Sigmund Freud - Vol. 7 - London, Hogarth Press, 1964 ISBN 0465097081

[International Summit on Depression, Anxiety and Stress Management](#): August 10-11, 2020 Webinar.

Abstract Citation:

Sam Vaknin, Triggering Cascade, Trauma Imprinting, and Total Reactance, Stress Meet 2020, International Summit on Depression, Anxiety and Stress Management, Webinar, August 10-11, 2020.

<https://stressdisorder.psychiatrycongress.com/abstract/2020/triggering-cascade-trauma-imprinting-and-total-reactance>