

Treatment of kidney and prostate non-malignant diseases should be personalised with the help of innovative thermobalancing therapy

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10-year empirical data and results of the clinical trials on side effects free innovative Thermobalancing therapy with Dr Allen's Device in people with kidney stones, benign prostatic hyperplasia (BPH), and chronic prostatitis / chronic pelvic pain syndrome (CP / CPPS) showed positive changes in the symptoms and parameters of these chronic internal conditions. The cases of 4 people with different sizes of kidney stones that used Dr Allen's Device confirmed the dissolving effect of the therapy. Thermobalancing therapy with Dr Allen's Device was used in 124 men with BPH and 45 men with CP / CPPS in 2 clinical studies. International Prostate Symptom Score and National Institute of Health Chronic Prostatitis Symptom Index, prostate volume (PV) were measured in groups who underwent therapy and control groups and compared between groups. These studies demonstrated that Thermobalancing therapy with Dr Allen's Device reduced prostate volume from 45 mL to 31 mL ($P<0.001$) and, consequently, urinary symptoms from 14.2 to 4.9 ($P<0.001$) in the BPH treatment group. Pain score was reduced from 10.3 to 3.5 ($P<0.001$) and prostate volume decreased from 31 mL to 27 mL ($P<0.001$) in men with CP/CPPS. In the control groups no difference in the symptoms and parameters was observed. Common

standard treatments for kidney stone disease, BPH and CP / CPPS do not treat the affected organs but symptoms. Furthermore, these treatments have serious side effects. For instance, extracorporeal shock wave lithotripsy and percutaneous nephrolithotomy may cause bleeding, infection, hypertension, diabetes and chronic kidney disease. Medical treatments for BPH and CP / CPPS, such as alpha blockers and 5 alpha reductase inhibitors are responsible for irreversible side effects: impotence, depression, testicle pain, and even diabetes. BPH surgical procedures may cause unpleasant complications, which develop depression, almost in 25%. Thermobalancing therapy gives an opportunity to treat non-malignant kidney stone disease, BPH and CP / CPPS without side effects. In May 2019, Personalized Medicine Universe, the official peer-reviewed journal of the International Society of Personalized Medicine, with the headquarter in Japan: published an article "Personalized care using thermobalancing therapy can help men with chronic prostatitis and chronic pelvic pain to recover," which stated - Dr Allen's Device is the safe and effective tool for a person. Thus, the use of Thermobalancing therapy will improve the quality of life of millions of men and women globally.