

# **Clinical Psychiatry**

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## A Short Note on Attention Deficit Hyperactivity Disorder

#### Abdul Samad\*

Department of Psychology, Islamic Azad University, Iran

### **DESCRIPTION**

The section focuses on the connections between developmental cycles, enthusiastic health, and mental illness. The section seeks to conduct massive clinical and epidemiological studies bridging developmental science and psychiatry, with a focus on the first twenty years of life. We focus on engaging developmental specialists and investigators from collaborative trains to convey their work to the notion of Child and Adolescent Psychiatry

Assessment for Attention shortage hyperactivity turmoil ought to be started in kids under 4 years old who have side effects of distractedness, hyperactivity, or impulsivity or who have objections much of the time related with Attention shortfall hyperactivity jumble (for instance; unfortunate school execution, trouble making and keeping companions, trouble with group activities)

Consideration deficiency/hyperactivity disorder (ADHD) creates a neurobehavioral issue that can have a negative impact on children's well-being and academic achievement. Despite the fact that preschool years are characterised by rapid mental development, pre-schoolers with ADHD may have more negative mental development.

Inattention: For a person of my age, I have a short attention span (difficulty sustaining attention) Listening to others is difficult. Impulsivity: Interrupts others frequently due to impulsivity. Hyperactivity: Seems to be in constant motion, running or climbing with no obvious objective other than motion.

ADHD symptoms in Adults may include: Impulsiveness ,Disorganization and difficulty prioritising ,Poor time management skills , Problems focusing on a task , Trouble multitasking , Excessive activity or restlessness , Poor planning , Low frustration tolerance , Frequent mood swings , Problems following through and completing tasks , Hot temper.

Since the 1970s, the diagnosis and treatment of attention deficit hyperactivity disorder have been viewed as contentious. Clinicians, teachers, policymakers, parents, and the media have all been involved in the debates. Topics covered include the causes of the condition and the usage of stimulant medicines in its therapy. This is now a well-validated clinical diagnosis in both children and adults, and the scientific community is divided mostly on how it is diagnosed and treated. From 1980 to 1987, the condition was formally designated as attention deficit disorder, and prior to the 1980s, it was known as hyper kinetic reaction of childhood. Since the 18th century, the medical literature has reported symptoms similar to those of ADHD.

People suffering from a substance use problem may exhibit skewed thinking and conduct. Changes in the structure and function of the brain are what lead people to have severe cravings, personality changes, strange motions, and other behaviours. Brain imaging studies reveal alterations in brain areas associated with judgement, decision making, learning, memory, and behavioural control.

Repeated substance use can alter how the brain operates. These alterations can remain long after the immediate effects of the substance have worn off, or after the period of intoxication has passed. The strong pleasure, euphoria, tranquilly, enhanced perception and sense, and other feelings generated by the chemical are referred to as intoxication. The symptoms of intoxication change depending on the substance.

Attention-deficit/hyperactivity disorder is defined by the National Institute of Mental Health as "a brain condition characterised by a continuing pattern of inattention or hyperactivity-impulsivity that interferes with functioning or growth." Adults with this illness may struggle to stay organised, remember appointments, or even hold down a job. The difficulty to focus attention on one task at a time has an impact on daily activities. Chronic diseases impact millions of youngsters and frequently persist until adulthood.

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#### CONFLICT OF INTEREST

The authors report no conflict of interest.

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Corresponding author Abdul Samad, Department of Psychology, Islamic Azad University, Iran. E-mail: Abdulsamad@gmail.com

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