

#### Commentary

# Quality Appraisal of Genuine Life Execution of Domestic Mechanical Ventilators

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### DESCRIPTION

In the realm of medical technology, few devices have proven as indispensable as the ventilator. The ventilator, also known as a mechanical ventilator or respirator, plays a critical role in supporting patients with respiratory failure, helping them breathe and maintain vital oxygen levels. This article aims to delve into the intricacies of ventilators, exploring their history, types, working principles, and the crucial role they play in healthcare. Ventilators are employed in cases of respiratory failure, where the respiratory system cannot provide adequate oxygenation or remove carbon dioxide. This can occur in conditions such as pneumonia, Acute Respiratory Distress Syndrome (ARDS), or severe asthma attacks. During surgical procedures, patients are often placed under general anaesthesia, which can depress respiratory drive. Ventilators are used to maintain proper oxygenation and ventilation during these procedures, ensuring the patient's safety and wellbeing. Patients with traumatic injuries or in critical condition may require ventilator support to stabilize their respiratory function. Ventilators are indispensable in emergency medicine, providing immediate assistance in life-threatening situations. Individuals with chronic respiratory conditions like Chronic Obstructive Pulmonary Disease (COPD) may require ventilator support during exacerbations or when their baseline respiratory function is compromised. While ventilators are invaluable in critical care, their use comes with challenges and considerations. Excessive pressure during mechanical ventilation can lead to barotrauma, causing damage to the lungs. Monitoring and adjusting ventilator settings, including limiting peak inspiratory pressure, are essential to mitigate this risk. Patients on mechanical ventilation are at an increased risk of developing ventilator-associated pneumonia. Strict infection control measures, such as proper hand hygiene and maintaining a closed ventilator circuit, are crucial in preventing VAP. Patients on prolonged mechanical ventilation may require sedation to ensure comfort and synchrony with the

ventilator. However, finding the balance between sedation and awakening for weaning is a delicate process, requiring careful monitoring and assessment. The allocation and withdrawal of ventilator support raise ethical dilemmas, especially during periods of resource scarcity. Discussions about end-of-life care preferences and advanced care planning become crucial in such situations. Despite the challenges, ventilators have undeniably transformed the landscape of critical care and significantly impacted patient outcomes. The timely and appropriate use of mechanical ventilation can be life-saving, providing a bridge for patients with compromised respiratory function until their underlying condition improves. Ventilators have played a pivotal role in improving survival rates for critically ill patients. By ensuring adequate oxygenation and ventilation, ventilators support patients through the acute phase of illness, allowing time for medical interventions to take effect. In conditions such as ARDS, where the lungs become inflamed and oxygenation is severely impaired, ventilators provide a means of life support. Positive pressure ventilation can recruit collapsed lung tissue, improving oxygen exchange and giving the body the opportunity to heal. Ventilators enable healthcare professionals to perform complex medical procedures, including surgeries that require general anaesthesia. This has expanded the scope of medical interventions and improved patient access to critical care services. As technology continues to advance, the field of mechanical ventilation is not exempt from innovation. Researchers and engineers are exploring ways to enhance ventilator design, improve user interface, and incorporate artificial intelligence for more precise and personalized ventilation strategies..

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## **CONFLICT OF INTEREST**

The author's declared that they have no conflict of interest.

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