



Priorities for Adolescent Mental Health during the COVID-19 Pandemic

Leila Aboulela*

Department of Radiology, University of Khartoum, Sudan

DESCRIPTION

The transitional stage of physical and mental development referred to as adolescence typically occurs between puberty and adulthood. Adolescence is typically referred to as adolescence, but its physical, mental, or cultural manifestations may begin earlier or continue later. Pre-adolescence typically marks the start of puberty, particularly for females. Cognitive and physical development can continue into adulthood. Scholars don't agree on a precise definition of adolescence, so age is merely a rough indicator. Some definitions begin with 10 and end with 25 or 26. Adolescents are officially defined as individuals between the ages of 10 and 19 by the World Health Organization. Over the course of several years, puberty is characterized by rapid physical and mental development that culminates in sexual maturity. The average age at which girls reach puberty is 11, while boys reach it at 12. The timetable for every person's puberty is largely determined by genetics, but environmental factors like diet and exercise also can have an impact. Premature and delayed puberty also are possible outcomes of these factors. Unique physiological changes in individuals' height, weight, body composition, and circulatory and respiratory systems are a number of the most significant aspects of pubertal development. Hormonal activity is essentially responsible for these changes. Hormones play both a lively role, pertaining to hormonal changes that occur during adolescence and cause physical and behavioral changes, and an organizational role, priming the body to behave during a certain way once puberty begins. American punk band The Adolescents were formed in Fullerton, California, in 1980. They were one among the most prominent punk acts to emerge from Orange County alongside their peers in Agent Orange and Social Distortion. They were an

element of the hardcore punk movement in southern California in the early 1980's. From its inception until his death in 2018, the band's founding bassist Steve Soto was the sole constant member. Tony Reflex, the band's singer, was within the group for all but one album. The band went through several lineup changes, splits, and reunifications within the 1980's, most of which involved guitarist brothers Rikk, Frank, and Alfie Agnew and drummer Casey Royer. They released three albums therein decade: After that, in April 1989, Balboa Fun Zone, Adolescents, and Brats in Battalions break up. The comeback album OC Confidential was the results of a 2001 reunion of the majority of the original members, who continued to be involved in other musical endeavors. Since then, Soto and Reflex are the band's only constant members and primary songwriters, forming the inspiration for five additional studio albums: Cropduster, Presumed Insolent, The Fastest Kid Alive, La Vendetta, and Cropduster. Reflex was the sole original founding member when Soto passed away on June 27, 2018, at the age of 54. Brad Logan supplanted Soto and therefore the band's 10th collection, Russian Bug Dump, was delivered in October 2020. The stage of human development referred to as adolescent sexuality is when adolescents experience and investigate sexual feelings. During the onset of puberty, interest in sexuality rises to new heights, and sexuality frequently plays a big role in the lives of adolescents.

ACKNOWLEDGEMENT

None.

CONFLICTS OF INTEREST

The authors declare that they have no conflict of interest.

Received:	31-August-2022	Manuscript No:	IPJIIR-22-14811
Editor assigned:	02-September-2022	PreQC No:	IPJIIR-22-14811 (PQ)
Reviewed:	16-September-2022	QC No:	IPJIIR-22-14811
Revised:	21-September-2022	Manuscript No:	IPJIIR-22-14811 (R)
Published:	28-September-2022	DOI:	10.21767/ 2471-8564.22.5.21

Corresponding author Leila Aboulela, Department of Radiology, University of Khartoum, Sudan, E-mail: leila0384@gmail.com

Citation Aboulela L (2022) Priorities for Adolescent Mental Health during the COVID-19 Pandemic. J Imaging Interv Radiol. 5:21.

Copyright © 2022 Aboulela L. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.