LETTER TO THE EDITOR

Primary Pancreatic Pecoma: Is Surgery Always the Best Choice?

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Dear Editor,

We have recently read with great interest two articles published in your Journal years ago, by Baez *et al* and Zemet *et al*, both concerning the primary pancreatic PEComa, an extremely rare mesenchymal tumor composed of histologically and immunohistochemically distinctive perivascular epithelioid cells [1, 2]. In recent years similar cases (for a total of fifteen) have been published in the international literature, from the first case described by Zamboni *et al*. [3, 4]. All cases were treated by surgery, a therapeutic choice from which our working group has diverged on the basis of some important considerations.

We present the case of a 68-year-old man who came to our attention complaining of occasional episodes of mild upper abdominal pain. Physical examination was negative and the laboratory tests did not show any alteration, including tumor markers. The imaging (US and CT) showed an hypervascular, well-demarcated lesion of the pancreatic head with a maximum diameter of 28 mm and no relation with neighboring organs (Figure 1). Nothing to the other abdominal viscera. The cytological and immunohistochemical examination of the samples obtained by EUS-FNA (Figure 2), showed the

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Abbreviations CT computed tomography; EUS endoscopic ultrasound; EUS-FNAB endoscopic ultrasound-guided fine needle aspiration biopsy; HPF high-power field; PEC perivascular epithelioid cell; US ultrasound Correspondence Maurizio Zizzo

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typical features of PEComa in the absence of malignancy features. The cytological material consisted of multiple aggregates of large epithelioid cells, with oligomorphic nuclei and eosinophilic nucleoli. No mitosis could be found. The cytological background was devoid of necrotic debris or inflammation. In order to characterize the lesion, immuncytochemical stains were performed on a formalin-fixed clot obtained during the fine needle aspiration procedure (Figure 3a-d). The epithelioid cells were positive for HMB45 (clone HMB45, Roche), MART1/Melan A (clone A103, Roche) and Smooth Muscle Actin (clone 1A4, Roche); whereas they were negative for Pancytokeratin (clone AE1+AE3+PCK26, Roche), S100 (clone 4C4.9, Roche) and Synaptophysin (clone MRQ40, Roche).

Given the extreme rarity of the disease, after several multidisciplinary assessments of the case and in collaboration with the National Network for Rare Diseases, we decided to perform a close clinical and instrumental follow-up on the basis of the absence of clear signs of uncertain potential or certain malignancy (Folpe's criteria) [5]. In the 13 months following the diagnosis the patient experienced only a couple of episodes of abdominal pain and the lesion remained stable in size.

Primary pancreatic PEComa is usually benign but few cases have been reported of uncertain malignant potential or certain malignant nature, on the basis of the classification proposed by Folpe *et al.* **(Table 1)** [5]. This classification indicates as "worrisome features" a lesion bigger than 5 cm, the presence of an infiltrative growth pattern, a high nuclear grade and cellularity, a mitotic rate >1/50 HPF, the presence of necrosis and vascular invasion [5]. The authors developed this classification studying soft tissue and gynecologic PEComas, identifying the variables that appeared closely related with subsequent aggressive behavior of the lesion, increasing the risk of recurrences and



Figure 1. EUS shows an ovoidal, well-circumscribed, hypoechoic lesion of $22~\mathrm{mm}$ x $28~\mathrm{mm}$ at the pancreatic head.

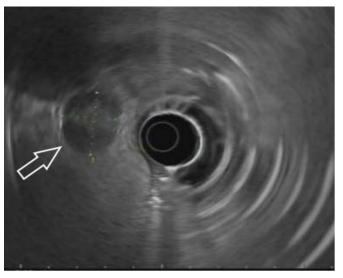


Figure 2. Abdominal CT scan shows a solid, well-circumscribed lesion, with hypervascular contrastographic features, of 24 mm x 22 mm x 28 mm at the upper-ventral surface of the pancreatic head.

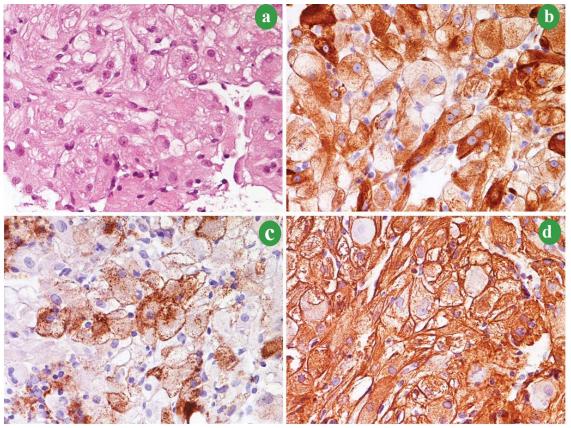


Figure 3. Immunochemistry: **(a).** high power view of the epithelioid neoplastic cells (formalin-fixed and paraffin embedded clot, Hematoxylin-Eosin stain, 40X); **(b).** neoplastic cells show intense immunoreactivity for MART1/Melan A (Hematoxylin counterstain, 40X); **(c).** high power view of immunocytochemical stain for HMB45 (Hematoxylin counterstain, 40X); **(d).** strong immunoreactivity for Smooth Muscle Actin (Hematoxylin counterstain, 40X).

metastases [5]. Up to date this classification is considered the main reference, although we can not confirm the accuracy of its criteria because of the extreme rarity of the disease. Nevertheless, all cases thus far described, diagnosed preoperatively by EUS-FNA and classified as benign, have been treated with surgery, except ours [4].

We believe that surgery is not always the correct treatment choice in a patient with primary pancreatic PEComa, especially if the EUS-FNA is clearly diagnostic, if the lesion is classified as benign, therefore lacks the "worrisome features" described by Folpe *et al.* and if the patient is in good general clinical condition and lacks symptoms and radiological signs suggestive of invasion or mass effect on neighboring organs. Especially given the considerable morbidity and mortality associated with pancreatoduodenectomy, the strong impact on quality of life that pancreatic surgery could have and an old patient, as in our case. Therefore, in such cases we suggest as follow-up the execution of physical examination, EUS-FNA and abdomen CT scan once every 12 months, on the basis of Folpe's criteria. EUS-FNA is of considerable importance

Table 1. Proposed classification of PEComas [5].

	Criteria	Percentage fulfilling criteria with aggressive behavior	Comment
Benign	No worrisome features (<5 cm, non-infiltrative, non-high nuclear grade and cellularity, mitotic rate ≤1/ 50 HPF, no necrosis, no vascular invasion)		
Uncertain malignant potential	(1) Nuclear pleomorphism/ multinucleated giant cells only or (2) Size >5 cm only	(1) 0 (0%) of 6	(1) "Symplastic" PEComa-probably benign, but few reported cases
•		(2) 2 (12%) of 17	(2) Large tumors should be extensively sampled to exclude areas with other worrisome features
Malignant	Two or more worrisome features (>5 cm, infiltrative, high nuclear grade and cellularity, mitotic rate >1/ 50 HPF, 12 (71%) of 17 necrosis, vascular invasion)		

in determining the cytological aspects of the lesion such as: nuclear grade, cellularity, mitotic rate and necrosis; furthermore, EUS itself gives us information regarding the size of the lesion, the relationship between the lesion and the main ducts (main pancreatic duct and common bile duct), and between the lesion and the neighboring organs. Abdomen CT scan, on the other hand, is essential to evaluate the morphological aspects of Folpe's criteria: size of the lesion, infiltrative growth pattern and vascular invasion, as well as the appearance of metastases. Only in the case of changes in the clinical presentation (eg. persistent or severe abdominal pain, jaundice) or the unveiling of features that reclassify the lesion among uncertain malignant potential or as a malignant lesion, the surgical treatment should be considered.

What we presented is the first case of primary pancreatic PEComa not submitted to surgery but follow-up alone. However, further studies on large series are needed to better understand the biological features of PEComa in order to be able to reach guidelines for diagnosis, treatment and follow-up, which today appears to be extremely difficult because of the rarity of this tumor.

Conflict of interest

The authors declare that they have no conflict of interest.

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