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# MicroRNA-126 is Dysregulated in Cancer-Free Females Harboring Methylated *BRCA1* Promoter through Up-Regulation of DNMTs

#### Abstract

**Background:** Numerous microRNAs have been categorized as tumor suppressors that are often repressed by aberrant DNA methylation. Recently, *BRCA1* promoter methylation in White Blood Cells (WBC) has been linked to elevated risk of developing breast cancer. In the present study, we aimed to investigative cancer-related microRNA alterations in WBC harboring methylated *BRCA1* promoter.

**Methods:** The Human Cancer miRNA EpiTect Methyl II Signature PCR Array was used to study the methylation status of several cancer-related microRNA sequences. Real time RT-PCR was used to determine the levels of microRNA primary transcripts and DNMTs. The Stem-loop RT-PCR assay was also used to quantify the expression levels of mature microRNAs.

**Results:** Out of 35 miRNAs, miR-126 was found to be hyper-methylated in WBC of breast cancer patients as well as in WBC of cancer-free females who harbored methylated *BRCA1* (carriers). The methylation was associated with down regulation of the pre-miR-126 in WBC and lower levels of circulating mature miR-126 in the plasma. Strong positive correlation between the expression levels of both forms of miR-126s was observed in the carriers but not in cancer patients. Importantly, we have found higher mRNA expression of DNMT1, DNMT3a and DNMT3b in WBC of carriers compared to controls.

**Conclusion:** Here, we have demonstrated that miR-126 is dysregulated in WBC of cancer-free females harboring methylated *BRCA1* promoter. Importantly, our findings suggest that the up-regulation of DNMTs could be responsible for the aberrant methylation of both miR-126 and *BRCA1* promoter in WBC.

Keywords: MicroR-126; Methylation; BRCA1; Breast cancer; DNMTs

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### Introduction

Epigenetics is known as inherited modifications that influence gene expression without changes in the actual DNA sequence. These modifications include DNA methylation, histone modifications and microRNA expressions. These epigenetic modifications are compelling mechanisms responsible for the inhibition of various genes, including tumor suppressors [1]. DNA methylation is one of the best-studied epigenetic modifications. There are three main DNA methyltransferases (DNMTs) responsible for establishing and maintaining the patterns of DNA methylation in human cells. DNMT3a and DNMT3b are *de novo* methyltransferases [2,3] while DNMT1 is a maintenance enzyme [4]. The overexpression of these enzymes has been reported to correlate with poor prognosis of several cancers including breast cancer [5-9]. DNA methylation also cooperates with other epigenetic marks such as microRNAs in the complex regulation of gene expression [10].

MicroRNAs (miRs) are short non-coding RNAs that play important roles in regulating gene expression. These RNAs are a novel class of cancer-relevant molecules that are critical for proliferation, differentiation, development, apoptosis and oncogenesis [11]. Several miRs have been characterized as tumor suppressors or oncogenes [12]. The differences in the amount of circulating miRs in the blood plasma of cancer patients compared to that in healthy donor's offers them as innovative biomarkers for early cancer detection [13]. Several specific miRNAs play important roles in controlling DNA methylation through targeting the DNA methylation machinery. Among the reported miRNAs is miR-126. MiR-126 play crucial roles in several human cancers [14]. It acts as a metastasis suppressing microRNA that is lost in human breast cancer [15]. It has been reported that breast ductal carcinoma patients had lower circulating levels of miR-126 compared to healthy controls, which correlated with that in the breast tissue [16]. In addition, microRNA-profiling study of the breast carcinoma molecular subtypes has shown that miR-126 expression levels were able to differentiate malignant from benign breast tumors [17]. These data indicate that miR-126 can act as a tumor suppressor in breast cancer, which could be used as a biomarker for cancer early detection. Interestingly, the circulating levels of miR-126 were found to be significantly higher in the serum of ovarian cancer patients compared to that of controls [18].

MiR-126 is located within the 7<sup>th</sup> intron of epidermal growth factor like domain 7 (*EGFL7*), which is itself one of the major targets of miR-126. Both miR-126 and *EGFL7* are downregulated in cancer cell lines by hyper-methylation and their expressions can be restored with 5 -aza-2 -deoxycytidine treatment [19]. However, other studies have reported the *EGFL7*-independent regulation of miR-126 expression suggesting the existence of a separate promoter that derives the expression of miR-126 other than the host gene *EGFL7* [20,21].

Similar to germline mutations, DNA methylation is a mechanism for *BRCA1* inactivation during breast cancer development [22]. The pathological features of the tumors with *BRCA1* promoter methylation are similar to those carrying inherited *BRCA1* mutation. Both types occur at an early age and present poor histological differentiation, aneuploidy, ER and PR negativity, as well as similar global gene expression profiles [23,24]. The detection of methylated *BRCA1* promoter in DNA from normal tissue has suggested the association of this epigenetic defect with the development of *BRCA1*-like breast cancer [25]. Several studies have reported the detection of methylated *BRCA1* in very young breast cancer patients [26] as well as in healthy females [25,27-31] suggesting the potential use of methylated *BRCA1* as a predictor of cancer risk.

Previously, we found a clear link between the aberrant methylation of *BRCA1* promoter in WBC and breast cancer-related molecular changes [32]. In the present study we show that miR-126 expression is dysregulated in WBC harboring methylated *BRCA1* promoter through the up-regulation of DNMTs in cancerfree females.

## Methods

#### **Study samples**

This is a continuation of our previous study [32]. We have made use of the available DNA and RNA isolated from WBC and plasma obtained from breast cancer patients and cancer-free females group harboring methylated *BRCA1* in their WBC and from cancer-free non-methylated females control group.

#### **Cancer miRNA DNA methylation PCR array**

The Human Cancer miRNA EpiTect Methyl II Signature PCR Array (Qiagen) was used to study promoter methylation status of a panel of 22 genes encoding 35 miRNAs. 1  $\mu$ g of genomic DNA isolated from WBC was used in the array following the manufacturer protocol. An integrated Excel-based template, which is provided by the manufacturer, was used for data analysis. 2.5-fold or greater change relative to controls was determined to be the threshold cut-off point for what is considered a change in gene methylation.

#### **Real-time RT-PCR**

WBC RNA was used for reverse transcription using Superscript III (Invitrogen) and random hexamer. PCR was then performed with primer specific for the S2 alternative transcript for the *EGFL7* and for the DNMTs as described previously [33,34]. *GAPDH* mRNA was used as an internal control. Quantitative analysis was performed by real-time PCR with CYBR green using CFX96 real-time system (Bio-Rad). The fold change of mRNA expression in breast cancer patients and in carriers relative to the expression in normal controls were calculated based on the threshold cycle (Ct) value using the 2- $\Delta\Delta$ ct method.

#### Stem-loop RT-PCR assay

Mature miR-126 expression was analyzed in plasma. cDNA was synthesized using total RNA, gene-specific stem loop Reverse Transcription primer, and the TaqMan microRNA reversetranscription kit (Applied Biosystems). Quantitative PCR was carried out in a CFX96 real-time system (Bio-Rad) using SsoFast Supermix PCR master mix (Bio-Rad). The fold change of miRNA expression in breast cancer patients and in carriers relative to the expression in normal controls were calculated based on the threshold cycle (Ct) value using the 2- $\Delta\Delta$ ct method. Experiments were normalized to small nuclear RNA U6, which was used as internal control.

#### **Statistical analysis**

Data are presented as the mean± SEM of replicate experiments. T-test was performed to determine the statistical significance between the different groups for gene expression levels (Patients vs. controls, Carriers vs. controls and Carriers vs. patients). All observed differences were considered to be significant when associated with a P value <0.05.

#### Results

# MiR-126is aberrantly hyper-methylated in WBC harboring methylated BRCA1promoter in both breast cancer patients and carriers

In our previous study [20], we reported the methylated *BRCA1* promoter in the WBC of 22 breast cancer patients and 13 cancerfree females by screening 155 breast cancer patients and 143 controls, respectively. For simplicity, we termed cancer-free females harboring methylated *BRCA1* as "Carriers". In the present study, we have analyzed the methylation status of cancer-related miRNAs, which are known to play important roles in

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carcinogenesis process. To this end, we used The Human Cancer miRNA EpiTect Methyl II Signature PCR Array, which profiles the promoter methylation status of a panel of 22 genes encoding 35 miRNAs. Based on a cut-off value of +2.5 fold relative to controls, miR-126 was found to be highly methylated in both breast cancer patients and carriers, 4.1 and 3.4 fold, respectively **(Table 1)**. This indicates that WBC harboring methylated *BRCA*1 promoter exhibit similar alterations in microRNA expression levels in both breast cancer free females.

# Pre-miR-126 is down-regulated in WBC of both breast cancer patients and carriers

To investigate the effect of the aberrant hyper-methylation of miR-126 DNA on the expression levels of pre-miR-126, we analyzed the level of the S2 alternative transcript of the *EGFL7* host gene, which corresponds to the precursor of miR-126, in WBC by Real-Time RT-PCR [32]. We have found that the expression of premiR-126 was not detected in the majority of the breast cancer patients resulting in significant down regulation in WBC of cancer patients compared to that of controls (p=0.0004). Importantly, we have also found significant down regulation of pre-miR-126 in WBC of carriers compared to controls (p=0.003) (Figure 1; Table 1). This indicates that the aberrant hyper-methylation of miR-126 in WBC associates with a down regulation of premiR-126 in both breast cancer patients and carriers.

#### Circulating mature miR-126 is under expressed in plasma from both breast cancer patients and carriers

It has been previously shown that miR-126 levels are significantly lower in the sera of breast cancer patients compared with those in normal controls, which correlated with that in tumor tissues [16]. Hence, we sought to investigate whether the decrease in pre-miR-126 in WBC associates with an under expressed mature miR-126 in the plasma. To this end, we made use of the TaqMan miRNA assay with gene-specific stem loop Reverse Transcription primer using total RNA isolated from plasma. We had plasma samples only from four healthy controls, four cancer patients and five carriers available for analysis. Indeed, we have found 7.6 fold decreases in the expression of circulating miR-126 in two of the patients compared to controls (Figure 2A, Table 2); while in the other two patients the expression levels were reduced 2 and 3 folds. Similarly, circulating miR-126 was decreased 2 and 3 fold in plasma from two carriers, CR5 and CR11, respectively, as compared to controls (Figure 2B, Table 3). Importantly, carrier CR21, which have a breast cancer family history (Table 3), showed a significant down regulation in the expression level of circulating miR-126, 16 fold, as compared to controls. Intriguingly, one of the

 Table 1 Fold changes in methylation and mRNA expression levels in breast cancer cases and carriers.

Groups	Fold increase in miR-126 promoter methylation relative to controls	Fold decrease in Pre-miR-126 mRNA expression inside WBC relative to controls	
Patients	4.1	9 (p=0.0004)	
Carriers	3.4	3 (p=0.003)	





carriers, CR18 with an ovarian cancer family history **(Table 3)**, had 1.6 fold higher levels of circulating miR-126 compared to controls **(Figure 2B; Table 3)**. This indicates that cancer-free females with WBC methylated *BRCA*1 have dysregulated circulating miR-126 similar to that seen in plasma of breast cancer patients.

# Mir-126 is regulated at different levels in breast cancer patients and carriers

In order to elucidate the mechanism of miR-126 biogenesis

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Table 2 Fold change in the expression of circulating miR-126 in the breast cancer patients.

Patient samples	Fold change	Breast cancer tumor type	
BC 13	0.5	ILC	
BC 52	0.13	ILC	
BC 60	0.32	IDC	
BC 181	0.13	IDC	

Table 3 Fold change in the expression of circulating miR-126 in the carriers.

Carriers samples	Fold change	Age	Cancer family history
CR 5	0.5	28	ND
CR 10	0.8	27	No cancer in the family
CR 11	0.33	26	ND
CR 21	0.06	21	Breast cancer (Mother)
CR 18	1.57	41	Ovarian cancer (aunt, mother side)
ND: No Data			

in breast cancer patients and carriers, we sought to assess the relationship between the expression levels of the precursor and mature miR-126 in the two groups. A strong positive correlation was found between the expression levels of the two forms of miR-126 in the carriers with a correlation coefficient of 0.9 (Figure 3A). Interestingly, this was not the case in the breast cancer patients where the mature miR-126 was expressed in the plasma although the pre-miR-126 was not detected in the WBC; hence no correlation was found between the precursor and mature miR-126 (Figure 3B). This indicates that various levels of regulation govern the dysregulation of miR-126 in breast cancer patients and carriers.

#### DNMT1, DNMT3a and DNMT3b are up-regulated in WBC of carriers

A recent work has shown that the aberrant up-regulation of DNMT1 in esophageal squamous cell carcinomas (ESCC) is responsible for the hyper-methylation of EGFL7, which consequently leads to the down-regulation of miR-126 [34]. Moreover, it has been also reported that the overexpression of DNMT1/3a was correlated with the promoter hyper-methylation and reduced expression of BRCA1 in sporadic breast cancers [9]. Hence, it was tempting to assess the expression levels of all three DNMTs in WBC from the carriers. We used Real-Time RT- PCR utilizing primers for DNMT1, DNMT3a and DNMT3b. Intriguingly, we have found 1.7 fold (p=0.04) increase in the mRNA expression level of DNMT1 (Figure 4A) and 2-fold increase for both DNMT3a (p=0.08) and DNMT3b (p=0.1) (Figure 4B and 4C) in carriers compared to controls. This suggests that the up-regulation of the DNMTs could be responsible for the aberrant methylation of miR-126 as well as BRCA1 in WBC of carriers.

# Discussion

The abnormal expression levels of mature and precursor miRNA transcripts are considered to dysregulate miRNA expression that plays an essential role in cancer initiation and progression. In the



present study, we report the aberrant expression of the precursor and the mature miR-126 in WBC and plasma, respectively, in both breast cancer patients and carriers.

MicroRNA-126 has been suggested to serve as a non-invasive biomarker for breast cancer. Patients with breast cancer had lower circulating levels of miR-126 when compared to normal controls [17]. In addition, it has been shown that the down-regulation of miR-126 [35] is associated with triple-negative breast cancers. Here, we have found that miR-126 is highly methylated in WBC of both breast cancer patients and carriers. We also found that this methylation to be associated with significant decrease in premiR-126 expression in WBC from both groups.

Previously [32] we have found significant association between the presence of BRCA1 promoter methylation in WBC and the cancer incidence in the families of the carriers. Interestingly, in the present study, we have also found that the dysregulation of miR-126 is associated with the cancer family history of the carriers. The carrier CR21, which have a breast cancer family history, showed the lowest expression levels of the pre-miR-126 in WBC and circulating mature miR-126 in the plasma. Moreover, the fact that carrier CR18, with an ovarian cancer family history, showed an increase in the relative expression of circulating miR-126 suggest a link between BRCA1 methylation and ovarian cancer predisposition; as circulating miR-126 has been found to be up-regulated in the serum from ovarian cancer [19].

The positive correlation between WBC pre-miR-126 and mature plasma circulating miR-126 levels in the carriers suggest that miR-



126 is regulated at the transcriptional level in these individuals. However, the lack of this correlation in the breast cancer patients also suggests that during the carcinogenesis process miR-126 is post-transcriptionally regulated. Indeed, it has been previously shown that pri-miRNA and mature expression is positively correlated in normal tissue but not in breast tumors [36]. These results suggested a multistep model for miRNA dysregulation. The fact that, in the carriers, we have found a more significant decrease in the expression level of the pre-miR-126 than the decrease in the mature form might be an indication for the multistep dysregulation of this miRNA in those individuals.

The up-regulation of DNMT1 in WBC of carriers harboring hyper-methylated miR-126 is in concordance with recent work

showing the existence of a "DNMT1-miR-126 epigenetic circuit" in ESCC [27, 38]. The aberrant up-regulation of DNMT1 in ESCC is found to be responsible for the hyper-methylation of *EGFL7*, which consequently leads to the down-regulation of miR-126. Additionally, the up-regulation of DNMT3a and DNMT3b together with the hyper-methylation of *BRCA1* in the carriers are also in agreement with the study showing a correlation of the over expression of DNMT1/3a with promoter hyper-methylation of *BRCA1* in sporadic breast cancer. All in all, this may implies that the aberrant up-regulation of the DNMTs mRNA in WBC is responsible for the hyper-methylation of miR-126 as well as *BRCA1* in WBC from carriers.

In conclusions, we have clearly demonstrated that miR-126 is dysregulated in cancer-free women harboring methylated *BRCA1* promoter in their WBC. The up-regulation of the methylation machinery, DNMTs, could be responsible for the aberrant methylation of miR-126 as well as the methylation of *BRCA1* promoter in WBC from carriers. All of the three DNMTs, DNMT1, DNMT3a and DNMT3b, are known to be highly up-regulated in breast tumors [39]. Our findings provide additional support for the presence of a strong link between the aberrant *BRCA1* promoter methylation in WBC and cancer-related molecular changes.

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