

## Lifestyle Disease 2020 Report

We invite you to attend 6th International Conference on Lifestyle Disease during september 18 2021 in Berlin, Germany at 10:00 AM (UTC +5:30). The Conference highlights the theme "Exploring the Challenges & Excellence in Lifestyle Medicine during COVID-19". Scientific sessions include Lifestyle Diseases, Diet and Lifestyle, Going Vegan-Being Healthy, Modern Lifestyle & Obesity, Healthcare & Management, Yoga- The Way Forward, Child Care in Modern Era, Ancient Medicine and Modern Life, Heart Problems in Modern Life, Are you Breathing Fresh?

Name: Jolin, Holistic Health Coach, Japan, Traditional Chinese Medicine Researcher, Brazil

The meeting reflected various sessions, in which discussions were held on the following major scientific tracks:

Scientific session/tracks:

Scientific sessions include Lifestyle Diseases, Diet and Lifestyle, Going Vegan-Being Healthy, Modern Lifestyle & Obesity, Healthcare & Management, Yoga- The Way Forward, Child Care in Modern Era, Ancient Medicine and Modern Life, Heart Problems in Modern Life, Are you Breathing Fresh?

- Diet and Lifestyle
- Going Vegan-Being Healthy
- Modern Lifestyle & Obesity
- Healthcare & Management \
- Yoga- The Way Forward
- Child Care in Modern Era
- Ancient Medicine and Modern Life
- Heart Problems in Modern Life
- Are you Breathing Fresh
- Endoscopic