

## **Dual Diagnosis:open Access**

ISSN: 2472-5048

Open access Opinion

# In the Case of Dual Diagnosis, the Gender Perspective is Important

#### Ramin Heshmat\*

 $Department\ of\ Pyschiatry\ ,\ University\ of\ Porto, Porto, Portugal$ 

#### INTRODUCTION

For women who are determined to have a double analysis, there is limited information available. Double analysis, on the other hand, causes more shame, social punishments, and barriers to treatment for women than it does for men. It increases the risk of physical or sexual abuse, savage exploitation, orientation-based savagery, joblessness, social prohibition, social-job issues, and physical and mental comorbidities, to name a few. As a result, a cross-sex and orientation-based viewpoint should be sufficient to review and treat the double conclusion.

#### **DESCRIPTION**

For this, sex and orientation variables should be remembered for each logical investigation; experts should survey their own biases and generalisations and train themselves explicitly according to an orientation point of view; organisations should plan and give explicit treatment assets to ladies; and we could all contribute to a fundamental social change that goes beyond orientation commands and standards and reduces the risk of mistreatment and savagery caused for women.

Women face more shame, social punishments, and barriers to treatment than men, according to available data. Gendered presumptions about appropriate conduct for individuals (such as going about as a spouse and also a mother), cultural dissatisfaction with regards to ladies' substance use, and the risk of losing their connections may all prevent women from seeking help. It certainly increases the risk of physical or sexual abuse, rough exploitation, orientation-based violence, unemployment, social prohibition, social-work issues, such as balancing family and work obligations, and physical and mental comorbidities.

Fundamental, preclinical, and clinical research has revealed that organic differences exist between genders from the onset of undeveloped events and throughout the life cycle. This dimorphism has an impact on happiness, defensive or weakness variables, so-

cial and social life, treatment seeking, and responses to corrective interventions. There is evidence for hereditary differences in pressure-related effects, which are known to regularly intervene or adjust sex differences in habit-forming practice.

Females have a higher degree of cortical neuropil and lower neuronal numbers than males. Animal studies have revealed sex-subordinate contrasts: females and guys differ for inspiration to acquire a particular medication, levels of medication admission, or the proclivity to resume drug-chasing behaviour after a period of abstinence. The estrous cycle is crucial in contrasting remuneration and drug cravings.

Men have more dark matter in the foremost cingulate cortex (engaged with indulgent and hasty movement), while women have more dark matter in the average prefrontal cortex (important for managing leader work), which could lead to sex differences in the pattern of substance use problems, including support and backslide. Estradiol would exacerbate medication use by increasing supporting effects, and sex differences in pressure hardware could reveal a sex difference in the risk of comorbid alcoholism and stress-related messes.

### **CONCLUSION**

In the average prefrontal cortex, grown-up women have more dark matter (important for managing leader work), whereas men have more dark matter. In this way, a viewpoint based on cross-sex and orientation should be able to adequately study and treat double conclusion. For this, sex and orientation factors (e.g., parental figure job and neglected work) should be remembered for each logical examination; experts should assess their own biases and generalisations and train themselves explicitly according to an orientation viewpoint; organisations should plan and provide explicit treatment assets to women; and we could all contribute to an underlying social change that goes beyond orientation orders and standards and reduces the risk of misuse and exploitation.

Received: 03-Janauary-2022 Manuscript No: IPDDOA-22-12622 Editor assigned: 05-January-2022 **PreQC No:** IPDDOA-22-12622 (PQ) Reviewed: 19-January-2022 QC No: IPDDOA-22-12622 **Revised:** 24-January-2022 Manuscript No: IPDDOA-22-12622 (R) **Published:** 31-January-2022 10.36648/2472-5048.7.1.10

**Corresponding author** Ramin Heshmat, Department of Pyschiatry, University of Porto, Portugal Tel: + 9865763482; E-mail: Ramin.Heshmat\_89@yahoo.com

Citation Ramin H (2022) In the Case of Dual Diagnosis, the Gender Perspective is Important. Dual Diagn Open Acc. 7:10

**Copyright** © Ramin H. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.