



**In Teenagers Who Smoke Cigarettes Are Nicotine Patches as Compared to Placebo Effective to Decrease the Number of Cigarettes Smoked? – A Systematic Review**

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**Abstract:**

A 39 year old female presented with 3 months history of change in voice, dysphagia and snoring. On examination an approximate 3x3 centimetres, congested, non tender, firm, smooth surfaced globular swelling was seen in the oropharynx. The mass was covering the oropharyngeal isthmus while protruding tongue which didn't bleed on touch. With other routine investigations, thyroid function tests and ultrasound of the neck was performed to rule out lingual thyroid.

**Biography:**

Dr. Bilal Ahmad Mir has completed his PhD at the age of 28 years from CSIR-Indian Institute of Integrative Medicine, Jammu and GNDU Amritsar India and Postdoctoral Studies from Genomics Research Institute, University of Pretoria, South Africa. He is the Coordinator of Department of Botany, Satellite Campus Kargil, University of Kashmir. Dr. Mir has many national and International awards to his credit. He has published more than 30 papers in reputed journals and has been serving as an editorial board member of repute.



**Recent Publications:**

- 1- Role of plants in anticancer drug discovery
- 2- Botanical, chemical and pharmacological review of *Withania somnifera* (Indian ginseng): an ayurvedic medicinal plant
- 3- Anticancer agents from diverse natural sources
- 4- Natural products as lead compounds in drug discovery.
- 5- Intraspecific variation in the internal transcribed spacer (ITS) regions of rDNA in *Withania somnifera* (Linn.) Dunal.

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