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In Family Relationships, What Does it Mean to Respect Older People?

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DESCRIPTION

More mature people have different physical and emotional wellness needs, and they frequently enlist the assistance of family members to carry out their daily routine exercises. Techniques: A subjective report was directed using a substance examination approach. The following three classes were created as a result of the study: "regard for individual interests," "kind and earnest regard," and "regard for independence".

Exceptional assumptions from relatives about addressing individual needs, thought of inclinations and interests, and strengthening and backing to assist in protecting more established individuals' freedom and independence influenced understanding of the importance of regard for more seasoned individuals. Ends: Family members should be educated and taught about their normal roles in family relationships, and they should regard regard as a significant factor influencing the prosperity of more seasoned individuals.

According to the World Health Organization (WHO), the world's population is ageing at an increasing rate. By 2050, the number of people aged 60 and up will total 2.1 billion, with the majority living in low- and middle-income countries [1]. The process of maturation is characterised by a series of challenges. The natural course of maturing is linked to organ degeneration, which causes a variety of physical and psychological problems, such as vision and hearing loss, cardiovascular illnesses, physical and mental incapacitations, and outer muscle, neurological, gastrointestinal, and endocrine issues. These issues can make it difficult for older people to carry out their daily activities independently, leading to a greater reliance on others, particularly relatives. Given the impact of such reliance on the prosperity and personal satisfaction of both more established individuals and their families, medical service providers who provide home care for the elderly should assess the level of their clients' reliance on relatives.

Reliance on relatives is linked to the development of various needs and assumptions among older people, including the need for assistance and regard. Support for older people has a significant impact on their health and well-being [6-8], and the topic has gotten a lot of attention recently in a variety of health-related disciplines, including geriatrics, brain research, humanism, sociopolitical sciences, and social medicine. In light of the current sociocultural setting and medical services' approaches to dealing with maturing, the sources of assistance for older people vary..

For example, in the United States, casual help from friends is the primary source of daily encouragement, whereas in Asian temporary countries, such as Iran, relatives are the primary source of help for satisfying their expectations and meeting their physical, mental, and profound needs.

Regard for older family members implied consideration of their own advantages and desires, as well as strengthening and arranging for assistance to protect their poise, freedom, and independence. Investigation of the experiences and emotional responses of older people to regard provides valuable information to family members, parents, and medical service providers attempting to improve the nature of home consideration and prevent feelings of depression among the elderly.

Given the significance of relatives' behaviours in improving the personal satisfaction and prosperity of older people, they should be constantly involved in developing drives aimed at improving the prosperity of older people in home consideration. Relatives should be educated and taught about their normal roles in family relationships, and they should regard regard as a significant factor influencing the success of more established individuals

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CONFLICT OF INTEREST

The author declares there is no conflict of interest in publishing this article has been read and approved by all named authors.

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