

## Herbal Medicine Effectiveness on Neurological Disorders

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### Abstract

Mental and nerve-based problems are a serious public health challenge around the world, especially in developing countries where cultural factors and limited access to standard healthcare have led to a reliance on traditional medicines. However, ethno related to medical drugs description of traditional medicines used to treat these sicknesses is missing. Recently, more attention has been focused on the herbal creation in the field of drug discovery. Therefore, we did a long review about herbal drugs and plants that showed serving or acting to prevent harm effects on neuropathic pain. In the review, the effects of individual plant in different neuropathic pain model, whether it is in animals or in patients are reported.

**Keywords:** Neuropathic, Psychiatric, Herbal drugs, Pharmacopoeia

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## Introduction

Herbal medicines include a range of related to medical drugs active compounds: sometimes it is not well understood which ingredients are important for a medically helpful effect. The supporters of herbal medicine believe that separated far from others ingredients in most cases have weaker medicine-based effects than whole plant extract, a claim that would obviously require proof in each case. Big statements based on very little information about the effectiveness of herbal medicines are clearly not possible. Each one needs well-thought-out research including a variety of animal studies and also randomized scientific fact-finding experiments. In fact, scientific fact-finding experiments of herbal medicines are able to be done much in the same way as for other drugs [1]. Many randomized scientific fact-finding experiments of herbal medicines have been published and well-thought-out review and meta-analyses of these studies are available. Many of today's produced by people not naturally-occurring drugs started from the plant kingdom, and only about two centuries ago the major pharmacopoeias were ruled by herbal drugs. Herbal medicine went into fast decline when basic and medicine-based the scientific study of medical drugs established themselves as leading branches of medicine. Anyway, herbal medicine is still of interest in many sicknesses in particular psychiatric and nerve-based problems. There are some reasons for this: people who were part of a study, etc. are dissatisfied with ordinary treatment, people who were part of a study, etc. want to have control over their healthcare decisions, and people who were part of a study, etc. see that herbal medicine is matching with their related to thinking about how people think values and

beliefs. It has been reported that most people who were part of a study, etc. with a mental problem tried to get herbal medicine treatment for body-related problems rather than for their mental and emotional signs of sickness and the best example is body-related signs of depression [2]. Doctors need to understand the related to the chemicals in living things and serving to prove a point bases for the use of herbs and things that act as foods to identify a disease or its cause and treat patients safely and effectively, to avoid interactions with standard medicines, and to provide patients with the benefits of different treatments. Although a large number of drug-based agents are available for the treatment of mental problems, doctors find that many patients cannot tolerate the side effects, do not respond well enough, or eventually lose their response. In comparison, many medically helpful herbs have far fewer side effects [3]. They can provide a different treatment or be used to improve the effect of prescription medicines. This review will show the quality of the event or object that prove something supporting the medicine-based effects of some commonly used types of herbal medicines for psychiatric and nerve-based problems such as Brain disease, Depression, Fear and stress, cannot sleep, Substance use problems, having too much energy, and moving and talking too much problem etc., [4].

## Conclusion

many factors underlie the growing quality of being liked a lot or done a lot of herbal treatments for a variety of long-lasting conditions. Interestingly, people who use other choice therapies are not necessarily without knowledge. If anything, they are more

"culturally showing the ability to create interesting new things" in other words, comfortable with cultural changes and more highly educated. Many people using herbal medicines find the health care other choices are more matching with their own values, beliefs and related to thinking about how people think ways of preferred thinking toward health and life. In almost the same way, it seems likely that many people feel that herbal medicines are given power toing by allowing them to treat themselves without seeing a doctor. The danger is that, many people believe that herbal medicines have no poisonous quality problems or even side effects. Also, they are not aware of many possible interactions of herbal medicine with together prescribed medicines.

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