Hemosuccus Pancreaticus: An Uncommon Cause of Gastrointestinal Hemorrhage. A Case Report

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ABSTRACT

Context Pseudoaneurysms of peripancreatic arteries usually arise as a complication of acute and chronic pancreatitis. pseudoaneurysms may either bleed intra abdominally following rupture or may erode into the adjacent hollow viscera and manifest as gastrointestinal bleeding. Pseudoaneurysms rarely communicate with the pancreatic duct and bleeding occurs from the ampulla of Vater in the form of hemosuccus pancreaticus.

Case report We report a patient with chronic pancreatitis who presented with *hemosuccus* pancreaticus. Contrast enhanced computerized tomography and angiography revealed bleeding from a left gastric artery pseudoaneurysm. Despite multiple attempts, embolization was unsuccessful due to arterial spasm. The patient was successfully managed at emergency surgery by excision of the pseudoaneurysm sac and ligation of the left gastric artery.

Conclusion Bleeding from visceral artery pseudoaneurysms rarely manifests itself as *hemosuccus pancreaticus*. Most cases can be managed by angio-embolization. However, in patients with recurrent bleeding or failed embolization, emergency surgery is required.

INTRODUCTION

Hemosuccus pancreaticus is an unusual cause of gastrointestinal bleeding [1]. It usually occurs as a complication of chronic or acute pancreatitis. with bleeding from a pseudoaneurysm arising from the peripancreatic 31. arteries [2, Splenic. gastroduodenal and pancreaticoduodenal arteries are the vessels commonly involved while pseudoaneurysm of left gastric artery are less common [4]. We present a rare case of hemosuccus pancreaticus (hemoductal pancreatitis) in a patient with alcoholic chronic pancreatitis. Due to technical reasons, transarterial embolization was unsuccessful and the patient had to undergo emergency surgery.

CASE REPORT

A fifty-year-old male patient with alcohol-induced chronic pancreatitis, who had been medically managed for the past 3 years, presented having had a sudden onset of epigastric pain and melena for the previous 48 hours. On examination, he had pallor, tachycardia of 110 min⁻¹ and blood pressure of 100/60 mmHg. His abdominal examination did not reveal any abnormal findings except for epigastric and periumbilical tenderness. Nasogastric tube aspiration showed altered blood. His serum amylase was 35 IU/L

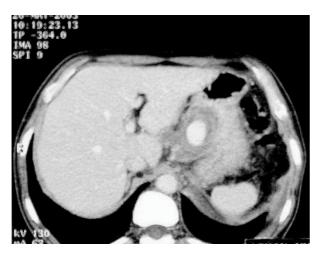


Figure 1. CT scan showing an enhanced cystic lesion in the arterial phase in relation to the lesser curve of the stomach and the superior border of the pancreas.

(reference range: 0-90 IU/L) while the serum hemoglobin was 7 g/dL (reference range: 14-18 g/dL). An emergency esophagogastroduodenoscopy was performed which revealed altered blood in the stomach with blood oozing from the ampulla of Vater. A computerized tomography scan of the abdomen showed a 3-cm pseudocyst abutting the lesser curvature of the stomach and the superior surface of the neck of pancreas. After a bolus injection of intravenous contrast, the pseudocyst showed uniform enhancement suggestive of a pseudoaneurysm (Figure 1). The patient was immediately shifted to the angiography suite and access was gained

LGAT P SA HA CA

Figure 2. Celiac axis angiogram showing the pseudoaneurysm from the left gastric artery. (P: pseudoaneurysm; LGA: left gastric artery; SA: splenic artery; HA: hepatic artery; CA: celiac axis)

through the right femoral artery. The celiac axis was cannulated and an arteriogram demonstrated a pseudoaneurysm with blush (suggestive of active bleed) arising from the left gastric artery (Figures 2 and 3). Repeated attempts of super selective cannulation of the left gastric artery failed due to arterial spasm. Due to the ongoing bleeding and hemodynamic instability, the patient had to undergo emergency surgery.

At surgery, the abdomen was entered by a midline incision. The lesser sac was entered by dividing the gastrocolic omentum. A 3-cm diameter pseudocyst was seen arising from the superior surface of the neck of the pancreas and abutting the lesser curvature of stomach. On de-roofing the pseudocyst, a pseudoaneurysm sac arising from the left gastric artery was identified. After proximal and distal control over the left gastric artery, the pseudoaneurysm was excised and the artery was transfixed both proximally and distally. The rest of the pancreas was atrophic without any stones, calcifications, or other pseudocysts; hence, no definitive procedure was done for chronic pancreatitis. A suction drain was placed near the pancreatic neck and the abdomen was closed. The duration of the procedure was two and half hours and blood loss was 600 mL. The patient received 4 units of blood in all (2 preoperatively and 2 intraoperatively). Postoperatively, the patient

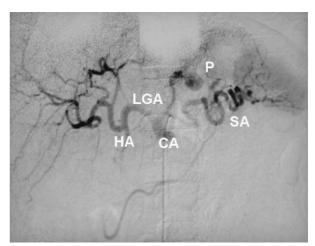


Figure 3. Delayed celiac axis angiogram showing contrast blush suggestive of active bleeding from the pseudoaneurysm.

(P: pseudoaneurysm; LGA: left gastric artery; SA: splenic artery; HA: hepatic artery; CA: celiac axis)

had a high amylase drain output from the peripancreatic drain which gradually decreased and stopped after 3 weeks. The patient was discharged after 10 days. He is on regular follow-up and continues to be abstinent and symptom-free on pancreatic enzyme supplements for the past 10 months.

DISCUSSION

Chronic and acute pancreatitis are the most common cause of pseudoaneurysms arising peripancreatic arteries Pseudoaneurysms may result from either auto digestion of the peripancreatic artery or erosion of a pseudocyst into the artery and conversion of its cavity into pseudoaneurysm [3, 5]. The splenic artery is the most common artery involved (60-65%) followed in decreasing order of frequency by gastroduodenal (20-25%),pancreaticoduodenal (10-15%), hepatic (5-10%) and left gastric arteries (2-5%) [6, 7, 8, 9]. The bleeding may manifest itself as hemosuccus pancreaticus or wirsungorrhea (bleeding into the pancreatic duct), upper or lower gastrointestinal hemorrhage due to erosion into adjacent hollow viscus, intraabdominal hemorrhage or as a sudden increase in the size of the pseudocyst [1, 3, 6]. Ruptured or bleeding pseudoaneurysms are associated with a mortality rate of 12-57% [6]. Although angiography is the gold standard for diagnosis and for characterizing the exact anatomical site, the pseudoaneurysm can invariably be demonstrated on a contrast enhanced CT scan [10]. In addition, the characteristic "to and fro sign" and bidirectional flow at the pseudoaneurysm neck may be demonstrated on ultrasound Doppler and can be diagnosed [11]. However, a thrombus inside the pseudoaneurysm and adjacent bowel gas often result in false negative findings on ultrasound Doppler and should not preclude a contrast-enhanced CT scan. In hemodynamically stable patients, angio-embolization gives good immediate results in 67-100% of cases [4, 12, 13, 14]. However. in patients who are hemodynamically unstable. where

angiography is unavailable or embolization is unsuccessful, emergency surgery is required. In addition, surgery is required in 17-37% patients with recurrent bleeding following embolization [15]. Also in the present case, contrast-enhanced CT demonstrated pseudoaneurysm arising from the left gastric artery. However, due to the failure of the super selective cannulation of the left gastric artery due to arterial spasm and hemodynamic instability, the patient had to undergo emergency surgery. The choice between simple ligation of the offending vessel and excision of the pseudoaneurysm is largely dictated by anatomical location, previous surgery, associated pathology, hemodynamic stability and the risk of re-bleeding and procedure-related mortality [6, 7, 9, 14]. Deroofing the pseudoaneurysm, preferably after proximal and distal arterial control. evacuation of the clot and suture ligation of the affected artery is recommended at surgery. Most surgical series have a documented success rate of 70-85% with mortality rates of 20-25% and rebleeding rates of 0-5% [6, 7, 9, 14].

Thus, pseudoaneurysms of peripancreatic arteries may arise as a complication of acute or chronic pancreatitis and can result in life threatening hemorrhage. A diagnosis can usually be made on contrast-enhanced CT Angiography provides the scan. exact localization and the possibility embolization which, in a significant number of patients, might be adequate treatment. Surgery is required when embolization fails or is unavailable, when there is recurrence of bleeding after embolization or in case of hemodynamic instability.

Received July 1st, 2004 - Accepted July 8th, 2004

Keywords Aneurysm, False; Embolization, Therapeutic; Pancreatitis

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