



# Experiences with Telemedicine for HIV Care during the COVID-19 Pandemic

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## INTRODUCTION

Irresistible sicknesses are because of perilous life forms that get into your casing from the out of entryways, as infections and miniature organic entity. Non-infectious diseases aren't because of out of entryways creatures, but with the guide of utilizing hereditary qualities, physical contrasts, going downhill and the environmental elements you stay in. You can't get non-infectious sicknesses from various people, with the guide of utilizing getting a PC infection lump or from your feasts. Influenza, measles, HIV, strep throat, Coronavirus and salmonella are instances of irresistible sicknesses.

## DESCRIPTION

Malignant growth, diabetes, congestive coronary cardiovascular breakdown and Alzheimer's affliction are instances of non-infectious diseases. Irresistible sicknesses might be viral, bacterial, parasitic or contagious contaminations. There's likewise an extraordinary organization of irresistible sicknesses called contagious spongiform encephalopathies (TSEs) viral diseases. Infections are a touch of data (DNA or RNA) internal of a guarded shell (capsid). Infections are significantly more modest than your cells and have no way to imitate all alone. They get inward your cells and utilize your cells' gear to make duplicates of themselves. Microorganisms are single-celled organic entities with their orders composed on a little piece of DNA. Microbes are surrounding us, for example, inward of our casing and on our pores and skin. Numerous miniature life forms are guiltless or perhaps supportive, but certain miniature organic entity send-off contamination which can make you sick. Fungal diseases like miniature organic entity, there are various unmistakable parasites. They stay on and to your edge. At the point when your growths get congested or while perilous parasites get into your edge through your mouth, your nose or a lessen to your pores and skin, you might get sick. Parasites utilize assemblages of various life forms to remain and imitate. Parasites

incorporate worms (helminths) and a couple of single-celled living beings (protozoa). Contagious spongiform encephalopathies (TSEs/prion sicknesses). TSEs are because of prions flawed proteins that thought process various proteins to your edge, ordinarily to your mind, to come to be faulty too. Your casing can't utilize those proteins or get rid of them, with the goal that they increment and make you debilitated. Prions are a truly remarkable rationale of irresistible diseases. Anybody can get an irresistible affliction. You can be at a superior risk on the off chance that your resistant gadget is debilitated or on the off chance that you visit to locales with sure inconceivably contagious diseases. Individuals at better risk of irresistible infirmity include. Those with stifled or compromised safe frameworks, which incorporates the ones getting most tumors medicines, dwelling with HIV or on certain drugs. Small kids, pregnant individuals and grown-ups north of 60. Those who're unvaccinated towards irresistible ailments. Individuals heading out to locales in which they'll be revealed to mosquitoes that convey microbes which incorporates jungle fever, dengue infection and Zika infections. Depending at the type of disease, there are various strategies that irresistible ailments can spread. Luckily, in greatest cases, there are simple strategies to save you disease. Mouth, nose and slices to your pores and skin are areas for microorganisms to go into your casing. Sicknesses can spread from man or lady to man or lady while you hack or wheeze. In a couple of cases, drops from hacking or wheezing can wait with inside the air. From close to contact with each and every other man or lady, such as kissing or oral, butt-centric or vaginal sex [1-5].

## CONCLUSION

By offering utensils or cups to various people. On surfaces like door handles, phones and ledges. Through touch with crap from somebody or creature with an irresistible sickness. Through PC infection (mosquito or tick) or creature chomps. From tainted or inappropriately coordinated feasts or water. From working

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with contaminated soil or sand (like cultivating). From a pregnant man or lady to their unborn baby. From blood bondings, organ/tissue transfers or different clinical methodology.

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## CONFLICT OF INTEREST

The author's declared that they have no conflict of interest.

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