

Energy alterations generating fear of doctors and hospitals in a premature baby

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Abstract

Introduction: fear is a common symptom in the children's care because these patients are often subjects to psychological trauma such as anxiety, anger, aggression caused by a variety of reasons. Fear in traditional Chinese medicine is caused by energy imbalances in Kidney and Gallbladder meridian.

Purpose: to demonstrate that premature children with fear sensation have energy disharmonies that are generating and aggravating fear and the treatment rebalancing these energies are important to treat the cause and not just the symptoms.

Methods: through one case report of a 3-year-old girl, born when she was 6 months of age, due to hypertension, and uterine bleeding because of her mother's placental abruption. The children need to stay during three months in the incubator of the hospital. She has always feeling of fear and panic when seeing doctors and hospitals. She went to the author's clinic that showed that all her chakras were in the lowest level of energy, rated one out of eight. Her treatment consisted in the use of Chinese dietary counseling avoiding dairy products, cold water, raw foods and sweets to improve the production of blood and also, avoiding fried foods, eggs, chocolate, honey, coconut, alcoholic beverages and melted cheese (to not cause an imbalance the Liver and Gallbladder symptoms).

Results: using these methods of care, the patient improved her condition only after three auricular acupuncture sessions and using homeopathy medications (according to Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine) to improve their energy of the five massive organs, to treat the cause of the fear formation and not just the symptoms.

Conclusion: the conclusion of this study is that children that have fear, have chakras energy centers deficient in energy, leading to imbalances of the Kidney and Gallbladder meridian and the replenishment of all these energies, using homeopathy medications associating with Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and using moxibustion are important tools nowadays to treat this patient.

Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates. Researcher in the University of São Paulo, in the Ophthalmology department from 2012 to 2013.



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