

## Can hospital Osteomyelitis be treated without the use of antibiotics?

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### Abstract:

**S**tatement of the problem: Osteomyelitis is a bone infection which can reach the bone by traveling through the bloodstream or spreading from nearby tissue. Once considered an incurable condition, osteomyelitis can sometimes be successfully treated by surgery to remove parts of the bone that have died and in continuum with antibiotic treatment.

The purpose of this study is to show why the treatment of osteomyelitis is so difficult and often considered incurable. We show that to reach improvement, we need to look at the patient as a whole, not only at the disease.

The methodology is presented in two case reports: the first one showing an infection resulting from knee fracture surgery done after a motorcycle accident that had been treated with the use of a large spectrum of antibiotics without any improvement. The second patient was another hospital osteomyelitis case, after a post-prosthesis infection in the knee which had been treated profusely with antibiotics with no improvement.

**Findings:** Both cases were treated successfully taking out all the anti-inflammatory and antibiotic drugs, associated with the use of Chinese dietary counselling, auricular acupuncture associated with apex ear bloodletting, in order to balance Yin, Yang, Qi, Blood energy and removing Heat retention following the theories of Traditional Chinese Medicine. In these two cases, the osteomyelitis symptoms were being maintained exactly by the aggressive intake of antibiotics, and its side effects, according to TCM reasoning.

**Conclusion:** According to these two case reports, hospital osteomyelitis can be treated without the use of antibiotics.



### Biography:

Dr. Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates.

### Speaker Publications:

1. Huang Wei Ling (2018) Could Postsurgical Nosocomial Cellulitis be treated without the Use of Antibiotics? Acta Scientific Microbiol 1: 24-31.
2. Huang Wei Ling (2018) Can Recurrent Furunculosis be Treated without the Use of Antibiotics?. Acta Scientific Microbiol 1: 04-12.
3. Huang W L (2018) Can Hospital Osteomyelitis Be Treated Without the Use of Antibiotics? Int J Microbiol Infect Dis 2: 01-06.
4. Huang W L (2018) Why do Patients Still Catch Hospital Infections Despite the Practice of Infection Prevention and Control Programs? Acta Scientific Microbiol 1: 34-43.

[3<sup>rd</sup> Annual Conference on Bacterial, Viral and Infectious Diseases](#); Dubai, UAE - June 18-19, 2020.

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