

Announcement of Commencing the Biggest Meet of the Year on Stress Release and Psychiatry

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Stress Management Meetings gladly announces "International Summit on Depression Anxiety and Stress Management", which will be the most informative event of the year. At [Stress Meet 2020](#) you can meet world's most acknowledged psychiatrists, mental health professionals, doctors, and will discuss on their expertise and experience. The conference will be held during August 10-11, 2020 in the city of nature beauty – Stockholm, Sweden, working with the theme: "Leading Innovations and Approaches towards Stress Management, Anxiety and Depression".

Stress Meet 2020 chiefly focuses onto understanding the various treatment methodologies on stress release. Stress Meet 2020 provides a platform to encourage prevention and control of health against stress disorders, depression problems and provide access to educate - reduce anxiety & depression. The Stress Meet conference aims to bring all researchers together working in the field of Psychology and to discuss the trends and new methodologies to decrease stress, anxiety and depression.

[Stress Meet 2020](#) redeems with the research topics like-suicide prevention, post-traumatic stress disorder, depression, work stress, sexual abuse & substance use disorders, panic disorder & trauma, stress & insomnia, anxiety disorders, child & adolescent mood disorders, mindfulness for mental wellbeing, managing stress, autistic spectrum disorder, social support & health, depression treatment, stress therapies, yoga & holistic health, psychopharmacology, phobia & its treatment, personality disorders, and mental illness.

According to a report, the world anxiety disorders and depression treatment market can demonstrate a mediocre

CAGR of 2.75% throughout the forecast amount from 2017 to 2022. In 2015, the world anxiety disorders and depression treatment market stood at £22.5 billion in 2015 and is projected to achieve £18.2 billion by a pair of 2020. Nearly 55% of the ladies with early carcinoma had depression, anxiety, stressed or each within the year once identification, 28% within the 2nd, 3rd, and 4th year, and 25% within the 5th year; in this 49% of intimate depression and anxiety, or each inside three months of the identification.

Stress Meet 2020 conference is a flagship event that helps in strengthening bonds and fostering collaboration within the depression & stress management. It makes available a best interdisciplinary podium for researchers, educators to extant and talks over the mostly recent innovations, trends, and concerns and also practical challenges come across and solutions adopted in the fields of stress release and depression treatment.

The [Conference Series](#) Stress Meet 2020 embrace research scholars, Academic Professors, Doctors who endeavor to disseminate their research experience to escalate the forthcoming research ideas. Conference Series LLC Ltd. is an exposed resource podium that conducts 2500+ global events including International Conferences, Workshops, Symposia, Trade Shows, Exhibitions & Science Congresses in all the major scientific disciplines, including Scientific, Medicinal, Pharmaceutical, Engineering, Knowledge, Business Management & Life Sciences across America, Europe, The Middle East, and Asia Pacific.

GLIMPSES OF STRESS CONFERENCES



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Stress Meet 2020

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