Analyzing the role of nurses in a clinical practice setting

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Abstract

This paper review the literature based on articles in the nursing field about shared clinical decision. The objectives are to examine the role of nurses and patients in the decision-making process in the context of clinical practice. To support these themes, a review of recent literature was conducted with the following results: patients prefer shared decision-making with professionals who should support and provide information to patients in order to overcome the barriers hampering patients' involvement in decision-making. There is a clear need for more research studies that address the problems in the clinical decision-making process so as to contribute to healthcare improvement.In the course of clinical practice, nursing professionals face a number of different situations involving patients with different and very distinct problems and health care needs. Thus, the clinical decision-making process is a vital component of nursing practice.The clinical decision is a process which includes both the clinical diagnosis and assessment and the decision on what to do. In addition, the decision-making process in nursing clinical practice is understood as a series of decisions made by nurses in interaction with the patient regarding (a) the type of observations to be made in the client situation, (b) the evaluation of the data observed and derivation of meaning (diagnosis), and (c) nursing actions that should be taken with or on behalf of the client. This definition reveals the stages of the Nursing Process, stressing the importance of interacting/sharing with the client (2). It should be noted that the term "clinical decision" has been defined as a choice between alternatives in which the main issue is the choice of a particular course of action (3).The growing autonomy, the information and the involvement of patients are at the heart of a patient-focused health policy (4). Hence, patient participation becomes critical for the effective quality of nursing care.The research question guiding this study is: what are the contributions of research to an understanding of the nursing process of shared decision-making in clinical practice? This study aimed to examine both the role of nurses and patients in the decision- making process in the context of clinical practice. This paper is based on research and review of recent international literature. The authors of the research studies presented here (4-6) tried to reflect on the knowledge available in the area of clinical decision, especially focusing on the role that nurses should undertake and on patient involvement. Another reference literature will be used to contextualize and support the shared decision-making process in clinical context.

Biography

Kungeh Clement Gwe studied medical Biochemistry at the Yaoundé University 1, Cameroon and graduated with BSC in 1997 and 2005 graduated with MPH in public health at the University of Durbanwestville. He then joined the research group of Prof. Michael Rudolph at the Wits medical School, Johannesburg, South Africa. He received PhD degree medical education in 2014 from the University of Ambrosiana, Milan, Italy. He has attended Similar course at Harvard medical school, John Hopkins University and many others. received special award from books for peace from Milan ,Italy .Obtain fellowship from Netherlands on M&E. and obtained PGDiploma in public health from Arizona university and others Went to Rhema bible school Randburg Johannesburg where he obtain a diploma in counselling .he has been in the research field with msf as well.and also a diploma in sport medicine from FIFA.