



A Mental Health Professional is a Health Care Practitioner or Social and Human Services Provider who Offers Services for the Purpose of Improving an Individual's Mental Health or to Treat Mental Disorders

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INTRODUCTION

A health care practitioner or social and human services provider who provides services to improve a person's mental health or treat mental disorders is known as a mental health professional. Community workers who worked in the 1970s established community mental health agencies to assist individuals moving from state hospitals, prevent admissions, and provide support in homes, jobs, education, and the community are included in this broad category. Supported housing, psychiatric rehabilitation, supported or transitional employment, sheltered workshops, supported education, daily living skills, affirmative industries, dual diagnosis treatment, individual and family psychoeducation, adult day care, foster care, family services, and mental health counselling are all examples of community programs developed by these individuals (i.e., state office personnel, private sector personnel, non-profit, now voluntary sector personnel).

DESCRIPTION

Medication can be prescribed by psychiatrists, who use the biomedical model to treat mental health issues. Organizations like pastoral counselling (which may or may not work with long-term services clients) and family counsellors operate office-based professionals who provide therapy sessions to their clients. Counsellors are frequently referred to as counsellors. Counsellors in the field of mental health who work in residential services or community programs may be referred to as mental health counsellors. However, his primary concern is education, which leads to a willingness to collaborate with "long-term services and supports" community support in the community to improve the individual, family, and communi-

ty's quality of life. In the United States in the 1970s, the community support framework serves as the foundation for new treatment developments, such as programs for drug addiction and eating disorders, which typically operate independently as clinics for specific disorders. Other categorical disabilities, such as intellectual and developmental disabilities (which trains its own professionals and maintains its own journals, as well as US state systems and institutions), do not typically fall under the category of "mental health professional. The transfer to behavioural health care systems has also reintroduced psychiatric rehabilitation.

CONCLUSION

For both children and adults, primary care providers like internists, paediatricians, and family physicians may provide the initial components of a mental health diagnosis and treatment; However, in some states, family physicians defer to separately funded "medication management" services instead of prescribing psychotropic medications. Unlike institutional settings and nursing facilities, which only have one or two physicians for a large facility, community mental health programs were designed in the 1970s to have a personal family physician for each client.

ACKNOWLEDGEMENT

The author is grateful to the journal editor and the anonymous reviewers for their helpful comments and suggestions.

CONFLICT OF INTEREST

The author declared no potential conflicts of interest for the research, authorship, and/or publication of this article.

Received:	03-October-2022	Manuscript No:	IPQPC-22-14845
Editor assigned:	05-October-2022	PreQC No:	IPQPC-22-14845 (PQ)
Reviewed:	19-October-2022	QC No:	IPQPC-22-14845
Revised:	24-October-2022	Manuscript No:	IPQPC-22-14845 (R)
Published:	31-October-2022	DOI:	10.36648/1479-1064.22.30.85

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Citation Astley T (2022) A Mental Health Professional is a Health Care Practitioner or Social and Human Services Provider who Offers Services for the Purpose of Improving an Individual's Mental Health or to Treat Mental Disorders. Qual Prim Care. 30:41844.

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