



A Brief Note on Barriers for Implementation of Evidence-Based Practice (EBP)

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DESCRIPTION

The purpose of this research was to identify the barriers to EBP implementation among nurses. In 2014, a cross-sectional study was conducted in Zahedan City, South East Iran. The questionnaire on barriers to EBP implementation consists of 27 statements and was distributed to 280 nurses. More than half of the participants agreed that 56 percent and 57 percent of barriers to evidence-based practise implementation are related to organisational and individual factors, respectively. Participants identified organisational barriers such as a lack of human resources (77.3%), a lack of internet access at work (72.2%), and a heavy workload (70.0%). Individual barriers included a lack of time to read literature (83.7 %), inability to work with computers (68.8 %), and insufficient English language proficiency (62.0 %). Organizational barriers to EBP implementation were linked to age, educational level, job experience, and employment status. Only education was linked to individual barriers to EBP implementation. EBP implementation is hampered by obstacles at both the individual and organisational levels. EBP serves as a quality indicator in nursing practise. As a result, familiarity with EBP is advised for Iranian nurses. Furthermore, understanding the barriers will aid the health-care system and policymakers in fostering an EBP culture. Delivering high-quality, a consistent service is a major challenge in today's health-care system. Evidence-based practise (EBP), a problem-solving approach to patient care based on the best available and valid evidence, results in improved care quality, lower costs, and individual and professional development for nurses and other health workers. Furthermore, EBP based on international standards improves clinical practise quality. EBP has been promoted as a means of ensuring that clients receive the best possible

care. Nurses are the largest group of health care providers, and they play a critical role in promoting health care and providing better services. EBP is important for nurses' professional development, responsibility, and capabilities; it has become an important subject in nursing and has been integrated into daily practise. Furthermore, nurses who practise based on scientific evidence have been able to make better service delivery decisions. Though nurses generally report positive attitudes and beliefs toward EBP, previous research indicates that nurses are unfamiliar with its principles and use EBP only to a limited extent. Several studies have found that barriers to the use of EBP include both human and organisational factors such as a lack of time to read literature, a heavy workload, a lack of EBP-experienced staff, and a lack of resources. A recent systematic review found numerous barriers to the implementation and use of EBP and concluded that identifying them is the first step toward removing them. There has been little research on EBP beliefs and use among Iranian nurses. Furthermore, the Iranian nursing care system does not provide incentives for nurses to conduct research, and the majority of nurses were unfamiliar with the concept of EBP. As a result, the goal of this study was to identify barriers to evidence-based practise implementation in Zahedan teaching hospitals. The study's findings can assist managers and policymakers in planning for better use of EBP in nurses and other hospital personnel.

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CONFLICT OF INTEREST

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